The Applied Suicide Intervention Skills Training (ASIST) workshop is for those who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Participants can earn up to 12 CEU credits for the class.

**ASIST Participants will learn to:**

- Recognize invitations for help
- Reach out and offer support
- Review the risk of suicide
- Apply a suicide intervention model
- Link people with community resources

**Registration**

Register at: [https://asistoctober.eventbrite.com](https://asistoctober.eventbrite.com)

For questions contact Lacey McFarland at 801-399-7187 or lmcfarland@co.weber.ut.us