The National College Health Assessment II is the “the largest known comprehensive data set on the health of college students” (ACHA-NCHAII, 2015, p.2). The survey was administered 2/3/2015 – 2/24/2015. A total of 274 students responded for a 6% sample error at a 95% confidence interval.

79.2% of students surveyed described their health as good, very good, or excellent

10.5% of students report seriously considering suicide within the past 12 months; 1.8% have attempted suicide.

Perceived/Actual Drug Use
86.1% of students believe that the typical student on campus has used alcohol within the past 30 days.

7.1% of sexually active college students reported using (or their partners using) emergency contraception (“morning after pill”) within the last 12 months

22.2% of students have actually used alcohol within the past 30 days.

74.6% of students believe that the typical student has smoked cigarettes in the past 30 days

5.1% of students have actually smoked cigarettes in the past 30 days.

75.4% of students believe that the typical student on campus has used drugs (excluding alcohol, cigarettes, marijuana, and hookah) within the past 30 days.

8.7% of students have actually used drugs (excluding alcohol, cigarettes, marijuana, and hookah) within the past 30 days.

Vaccinations
73.8% of students reported receiving a vaccination against hepatitis B.

80% of students reported receiving a vaccination for measles, mumps, and rubella.

48.9% of students receiving a vaccination for the flu within the past 12 months.

Health and Academics
44.7% of students report that their academics have been traumatic or very difficult to handle within the past 12 months; 41.7% report that their finances have been traumatic or very difficult to handle within the past 12 months.

58% of students reported experiencing more than average or tremendous stress within the past 12 months.

23.6% report that, within the last 12 months, anxiety has affected their individual academic performance.

22.3% of students reported that sleep difficulties affected their individual academic performance within the past 12 months; 32.7% report that stress has done the same.