**Psychology 1010 - Introductory Psychology**

**Syllabus– Spring 2016 – Section 32804 3 Credit Hours – MWF 7:30 - 8:20 AM Ogden SS Rm 394**

**January, 2016**

**Instructor:** Wayne L. Owen, Ph.D.  
**Email:** wowen@weber.edu  
**Tel- Dept:** 801-626-6247, **Emergency:** 801-544-0128

**Course Description:** A general introduction to the basics of human behavior from the perspective of modern scientific psychology. We will review what psychology has to say about: personality, motivation, learning, memory, thinking, intelligence, sensation & perception, human development, the brain and physiology of behavior, psychological problems & treatment, language, social interaction, group behavior, and consciousness.

**Required Text:** Myers, David  
You will need a copy of the text. The text can be obtained through the Weber State bookstore as well as directly from the publisher or from Internet or other vendors. You may use the traditional softbound edition, the looseleaf or Ebook versions or rent the text from a rental company. These options may be less expensive than the regular softbound version.

There is also a free study resource website which accompanies the text. It has quizzes, flash cards and other study helps which **I strongly encourage you to use.** You can find it at: [http://bcs.worthpublishers.com/exploring9e/#t_837228](http://bcs.worthpublishers.com/exploring9e/#t_837228)

Office Consulting:  
I’ll be available for consultations before/after class each day in Room 380-E. If you need a different time, contact me by email [or by telephone if an emergency] and I’ll make a specific appointment for you.

**Course Objectives**

1- To understand ‘human nature’ from the viewpoint of scientific psychology,  
2- To learn the basic terms, concepts, principles, methods, and perspectives of psychology,  
3- To understand that behavior is regulated by complex system of many different factors,  
4- To apply this knowledge to your own life and the world around you,  
5- To think critically when evaluating information concerning psychological and behavioral phenomena

**Expectations:** Be sure to check with me if you experience any problems understanding concepts, completing assignments or have difficulty with the exams. The sooner a problem is brought to my attention, the sooner we can find a good solution.

**A- Come prepared for class each day.** Complete scheduled reading and/or other assignments before class and be prepared to participate in a discussion of the concepts and ideas. I prefer an interactive classroom and your questions, comments and observations are encouraged and will be most welcome. This requires you to be prepared before class. From time to time there will be **brief in class quizzes.**

**B- Actively participate in class discussions:** ask questions, raise issues, make comments and observations. The class will be much more interesting and informative and you will learn much more if you actively participate. Bring note taking materials to class. Sometimes reference is made to the text and you may want to have your copy available.

**C- Be courteous to your classmates and instructor.** Please be prompt in entering the classroom so as to not cause inconvenience to other students or the instructor. Please have cell phones, beepers and other electronic devices turned off **before and during class.** Participation in class discussions is welcomed and encouraged; **eating, private conversations, phone use, texting or other interruptions during lectures and discussions are not.** Behavior that is disruptive to the learning environment may be cause for discipline under the student code.

**D- Attendance at class is essential.** In addition to your text, anything which is included in lectures, discussed or presented during class may be included in an exam– including information and material not in the text. **While I do not take roll, some in-class activities are graded and your grade will suffer if you are absent. If you have a legitimate reason for an absence or missing a scheduled activity, quiz, exam, etc., please coordinate this in advance, not after the fact.** Please see me immediately if you have a special circumstance or problem which interferes with your studies. I’m eager to work with you ahead of time, not so much after the fact.

**E- Completion of assignments and exams on time. Make-ups on exams, quizzes, etc. are not allowed.**

**Website:** This syllabus, lecture Powerpoint slides, exam study guides, grades, video clips, assignments and other materials are available on the class website in Canvas, the WSU instructional system. **You can obtain copies of everything there. You must send me a message from Canvas by Jan 15 to verify that you have visited the course webpage and are able to see and/or download everything and have been able to use the links which are posted there.**

Any student requiring accommodations or services due to a disability must contact Services for Students with Disabilities (SSD) in Room 181 of the Student Service Center. The SSD office can arrange to provide materials (including this syllabus) in alternative formats if necessary. Additional information may be found at: [http://weber.edu/ssd](http://weber.edu/ssd).
**Course Calendar:** This is the anticipated schedule for the activities and content for this class, but is subject to change. 1/4/16

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<thead>
<tr>
<th>Date</th>
<th>MON</th>
<th>WED</th>
<th>FRI</th>
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<tbody>
<tr>
<td>Jan 11</td>
<td>Course introduction, syllabus, mechanics and overview, <em>Canvas website access—Psychological Myths</em></td>
<td>Chapter 1 – Thinking Critically with Psychological Science <em>Canvas verification email due by 1/15</em></td>
<td>Chapter 1 – Thinking Critically with Psychological Science <em>Canvas verification email due</em></td>
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<tr>
<td>Jan 18</td>
<td>Holiday No Class</td>
<td>Chapter 2 – Neuro-Science</td>
<td>Chapter 2 – Neuro-Science</td>
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<td>Jan 25</td>
<td>Chapter 2 – Neuro-Science <em>Reading Quiz 1</em></td>
<td>Chapter 3 – Consciousness &amp; The Two Track Mind</td>
<td>Chapter 3 – Consciousness, &amp; 2 Track</td>
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<td>Feb 1</td>
<td>Chapter 4 – Developing Through the Life Span</td>
<td>Chapter 4 – Developing Through the Life Span</td>
<td>Chapter 4 – Developing Life Span Review – Exam 1: 2/4 - 2/9** [Reading Quiz 2]</td>
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<td>Feb 8</td>
<td>Chapter 5 – Gender and Sexuality</td>
<td>Chapter 5 – Gender/Sexuality</td>
<td>Chapter 6 - Sensation/Perception</td>
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<td>Feb 15</td>
<td>Holiday - No Class</td>
<td>Chapter 6 – Sensation &amp; Perception</td>
<td>Chapter 6 – Sensation &amp; Perception <em>Reading Quiz 3</em></td>
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<td>Feb 22</td>
<td>Chapter 7 – Learning</td>
<td>Chapter 7 – Learning</td>
<td>Chapter 7 – Learning</td>
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<td>Mar 29</td>
<td>Chapter 8 – Memory</td>
<td>Chapter 8 – Memory</td>
<td>Chapter 8 – Memory <em>Reading Quiz 4</em> Review - Exam 2: 3/3 – 3/11**</td>
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<tr>
<td>Mar 7</td>
<td>Spring Break – No Class</td>
<td>Spring Break – No Class</td>
<td>Spring Break – No Class</td>
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<td>Mar 14</td>
<td>Chapter 9 – Thinking, Language &amp; Intelligence</td>
<td>Chapter 9 – Thinking, Language &amp; Intelligence</td>
<td>Chapter 9 – Thinking, Language &amp; Intelligence</td>
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<td>Mar 21</td>
<td>Chapter 10 – Motivation &amp; Emotion</td>
<td>Chapter 10 – Motivation &amp; Emotion</td>
<td>Chapter 10 – Motivation &amp; Emotion <em>Reading Quiz 5</em></td>
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<tr>
<td>Apr 28</td>
<td>Chapter 11 – Stress, Health &amp; Human Flourishing</td>
<td>Chapter 11 – Stress, Health &amp; Human Flourishing</td>
<td>Chapter 12 – Personality</td>
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<tr>
<td>Apr 4</td>
<td>Chapter 12 – Personality</td>
<td>Chapter 12 – Personality Psychology [Reading Quiz 6]</td>
<td>Chapter 13 – Social Psychology Review – Exam 3: 4/7 - 4/12**</td>
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<td>Apr 11</td>
<td>Chapter 13 – Social Psychology</td>
<td>Chapter 13 – Social Psychology</td>
<td>Chapter 14 – Psych Disorders</td>
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<td>Apr 18</td>
<td>Chapter 14 – Psych Disorders</td>
<td>Chapter 14 – Psych Disorders [Reading Quiz 7]</td>
<td>Chapter 15 - Therapy Last day for Research Credits</td>
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<tr>
<td>Apr 25</td>
<td>Chapter 15 - Therapy Review Exam 4 4/25 - 4/28**</td>
<td><strong>Exam 4 Closes April 28th</strong></td>
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*You may have two [2] attempts for all exams during the open period for the exam. Your best score will be used in calculating your grade. The exam will be identical for each attempt. You are not required to take exams a second time, but if you would like to improve your score, you may repeat an exam. At least one full day must intervene between attempts – eg., Thur & Sat, but not Fri & Sat, so plan your schedule accordingly.*

**Examination Schedule:**
- **Exam 1:** Chapters 1-4 Chi-Tester – Feb 4-9
- **Exam 2:** Chapters 5-8 Chi-Tester – Mar 3-11
- **Exam 3:** Chapters 9-12 Chi-Tester – Apr 7-12
- **Exam 4:** Chapters 13-15 Chi-Tester – Apr 25-28
**Grading:**

<table>
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<th>Points</th>
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<td>400 about 72%</td>
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**Exams** - The 4 exams will consist of approximately 60-75 M/C, T/F etc. items. There will be one or two **optional short essay bonus** questions, worth 5%, on each exam. Exam 4 will cover only the final unit of the course and is not comprehensive.

<table>
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<tr>
<th>Four unit exams @ 100</th>
<th>All 4 must be taken.</th>
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**Exams** are taken on Chi-Tester at any WSU Campus Testing Center: Student Services, Soc Science, Natural Science, Morgan, Union, Marriott, Davis & West. It is your responsibility to be aware of the Testing Center schedules. **You may repeat an exam for a better score** – see note on the course calendar. **Note: No make-ups for missed exams or delinquent work.**

**Reading Quizzes** – In addition to the unit exams, there will be **in-class**, reading quizzes about every two chapters. If you are not present to take the quiz, **you’ll miss out on the points, so be sure to attend.**

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<th>7 quizzes – @ 12 each</th>
<th>84 about 15%</th>
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**Research Participation** – Participation in research projects under the direction & supervision of the Psychology Department is required. You will need to earn 10 research credits, each worth 7 points. This requirement constitutes about 13% of your grade. Opportunities are listed at: [http://www.weber.edu/psychology/ResearchBoard.html](http://www.weber.edu/psychology/ResearchBoard.html)

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<th>For complete details and guidelines see:</th>
<th>70 about 13%</th>
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**Extra Credit / Bonus Points** – You can earn bonus points by completing the optional bonus point questions on each exam and for up to an additional 2 research credits [maximum=12, or 84 points]. **I do not give supplemental work.** If you do not have time to prepare for scheduled assignments and exams, it is difficult to understand how you will have time for extra work.

**Total Points:** This is an approximate total and is subject to change during the course. 554

**Approximate grading structure:** Grades will be based on the completion of all required assignments and your percentage of total points available. Grading will follow the WSU grading standards outlined below, but may be modified by the distribution of scores for the entire class. A modified curve approach incorporating natural breaks in the distribution of class scores at the end of the semester is used. However, your grade will not be lower than that based on the percentage of total points you have earned. The grading structure is subject to change based on class performance, changes in assignments or their weighting, etc.

<table>
<thead>
<tr>
<th>Percentage of points earned — Grade</th>
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<tbody>
<tr>
<td>93-100 A</td>
<td>83-86 B</td>
<td>73-76 C</td>
<td>63-66 D</td>
</tr>
<tr>
<td>90-92 A-</td>
<td>80-82 B-</td>
<td>70-72 C-</td>
<td>60-62 D-</td>
</tr>
<tr>
<td>87-89 B+</td>
<td>77-79 C+</td>
<td>67-69 D+</td>
<td>0-59 E</td>
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**Academic Integrity & Dishonesty:** Cheating and deceit are not acceptable in courses in the WSU Psychology Department. Cheating on an exam or an assignment or turning in someone else's work as your own can result in an E for the course and other disciplinary actions. If you quote from a book, article, or web site, you must properly quote and cite your work. Avoid even the appearance of cheating or plagiarism. **Cheating and Plagiarism:** Either of these events is a serious matter and is grounds for course failure and other disciplinary action. Please see: [http://www.weber.edu/ppm/Policies/6-22_StudentCode.html](http://www.weber.edu/ppm/Policies/6-22_StudentCode.html) All work submitted under your name is assumed to be done by you and you alone. If it is discovered that you have cheated or plagiarized, you will receive zero (0) score or E grade for the assignment or exam and additional consequences will be considered. WSU subscribes to TurnItIn.com, an electronic service that verifies the originality of your work. Enrollment in this course may require you to submit some or all of your assignments to it this semester; documents submitted to TurnItIn.com are retained, anonymously, in their databases. Continued enrollment in this course constitutes an understanding of and agreement with this policy.

**Emergency Closure:** If for any reason the university is forced to close for an extended period and face-to-face classes cannot be held, the class will be conducted via email and the Canvas instructional system. All deadlines changes will be announced over Canvas. It's a good idea to sign up for Code Purple notifications at [http://www.weber.edu/codepurple/](http://www.weber.edu/codepurple/).

The instructor reserves the right to make changes, additions or deletions to this syllabus and will notify all enrolled students of any modifications via Canvas and/or by announcement during lecture periods.
INTRODUCTION TO PSYCHOLOGY (PSYCH 1010) Research Participation Requirement

The primary goals of a university are to provide an educational experience for its students while advancing knowledge through research. The Psychology Department is committed to each of these goals and believes that one important aspect of your educational experience in psychology is to learn, preferably through direct experience, how psychological research is conducted. Thus, the Department requires that students in the introductory psychology course (PSYCH 1010) gain research experience in one of the ways outlined below. Any of the three (3) alternatives provided are acceptable; however, by serving as a participant in research (Alternative 1), you will learn about research projects and contribute to the advancement of knowledge. It is often only through research with human subjects that important questions about human behavior can be answered.

Ways to Meet the Requirements

Alternative 1- Research Participation: You may participate in two and a half (2.5) hours of research approved by the Psychology department. Each hour of participation equates 4 credits or every 15 minutes of participation counts as 1 credit. Therefore, you will need a total of 10 credits.

Each semester, investigations on a wide range of psychological phenomena (e.g., learning, perception, social behavior, psychological testing, and biological bases of behavior) are conducted at a variety of times. At the beginning of the semester there are generally few studies to choose from. However, by mid-semester opportunities will become available and you can expect more projects to open as the semester progresses. You should be able to select several studies to fit your schedule. Current projects are posted on clipboards hung on the north wall outside of the Psychology Department Office (SS370). The postings provide information about how to participate in a study. While some request that you sign up for a day and time, others indicate a weblink or location where you can complete or find more information about the study.

Alternative 2- Writing Assignment: You may read peer-reviewed journal articles from one or more areas of psychology and write about them. Individual instructors vary on what they will accept for this assignment, but you can expect to generate a minimum of 375 words of quality writing about each article in order to earn one hour of credit toward the Research Requirement. This means you will need to complete a review paper on at least three different articles. You may select from the articles listed below or consult with your instructor for other options.

Alternative 3- Research Observation: You may observe on-going research and write a report about it. In view of the demands on the time and facilities of researchers, only a few individuals can be accommodated with this alternative. It will be up to you to make your own arrangements with a researcher to meet the requirement this way.

NOTE: Because nearly all projects will require participants to be at least 18 years of age or older, students who are younger than 18 years will need to satisfy the Research Participation Requirement through Alternative 2, described above. Please see me if you have questions about this. Students must receive pre-approval from their instructor before completing the Research Requirement by means of Alternative 2 or Alternative 3. Check with your instructor concerning the deadline for the pre-approval of projects or materials for your section of the course. You should, however, aim to obtain approval by mid-semester.

All work for the research requirement must be completed and/or turned in by before the last day of class.

Consequences of Not Meeting the Requirements

A percentage of your grade is earned by successfully completing some combination of the research-related alternatives described above. Not meeting the requirement will impact your overall grade. Each instructor determines the amount of points associated with research participation. Therefore, you will need ask your instructor for details or look at the syllabus.

Rights of the Students Relative to the Requirements

1. Autonomy: Students are free to elect any of the alternatives listed above in order to complete their research requirement. Furthermore, they may mix participation in research with another alternative, such as writing about journal articles, in any combination they wish to make up the four-hour requirement.

2. Informed Consent: Students who elect Alternative 1 are entitled to receive, before they consent to participate, as much information as is needed for them to make an intelligent decision as to whether or not to participate. For example, if electric shock or other painful stimulus is to be used, this information must be provided in advance of participation. Students should receive a print copy of the informed consent agreement for each study in which they volunteer to participate.
3. Right to Withdraw: Students may drop out of any study at any time after showing up and learning about the research and what their participation will entail. You will not earn credit towards your research requirement for a study from which you withdraw, but you will also not be penalized as if you had “no showed.”

4. Right to Respect and Dignity: Researchers will treat all students who volunteer to participate in their projects with respect and dignity.

5. Debriefing: Students who elect Alternative 1 will receive an explanation from the researcher regarding the purpose of the study and the role that the student played in it. In some cases, this explanation may be postponed until after the student's participation in the research is complete, so as not to affect the student's behavior during the study.

6. Recourse: If a student feels that his/her rights have been violated, or that he/she has been treated unfairly or in any other way harmed by means of participation in research, he/she should register a complaint with one of the following individuals: (1) his/her Psychology 101 instructor, (2) One of the Psychology Research Coordinators, Dr. Theresa Kay or Dr. Todd Baird, or (3) the Chair of the Department of Psychology, Dr. Aaron Ashley.

Most of the projects will open for participation around the middle of the semester will be posted on clip boards on the bulletin board outside of SS Room 370 and online at: http://www.weber.edu/psychology/ResearchBoard.html

Below is an example of a research project posting you will see on the clipboards and the online Research listings.

**Title of Study:** Experience Abroad  
**Study Number:** 08-PS-002  
**Time:** about 45 minutes  
**Credits:** 3 credits

**Dates Available:** see sign up sheets below

**Location:** Location will vary depending on day of study. Be sure to check sign up sheet below for exact location. But this study will take place in either room 324, 376A, or 325 in the Social Science Building.

**Brief Description:** This study explores peoples’ experiences while living or visiting for an extended time a different country than their own. You will be asked to answer a series of questions that pertain to your experience abroad and at home.

**Participant Criteria:** Must be over 18 years of age.

**Special Participant Request:** If you have lived out of the country for school, work, or personal reasons for more than 4 months OR if you are currently living here from another country, we would especially appreciate your participation. This is NOT a requirement for participation, however. If you have been out of the country for shorter periods of time, you are also welcome to participate. Thank you.

**Researchers:** Azenett Garza, Samantha Burroughs  
**Questions:** Dr. Azenett Garza, (626-6249), agarza@weber.edu, Samantha Burroughs, SamanthaCollier@mail.weber.edu

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**RESEARCH PARTICIPATION Alternative 2: Readings**

Readings for research participation alternative 2: Be sure to carefully review the guidelines for your reports.

**NEUROSCIENCE, BRAIN AND MIND**


**COGNITIVE PSYCHOLOGY**


HUMAN MOTIVATION AND EMOTION


NATURE, NURTURE AND HUMAN DEVELOPMENT


SOCIAL AND CULTURAL PSYCHOLOGY


PERSONALITY, DISORDER, AND HEALTH


READING AND REPORT RESEARCH REQUIREMENTS AND GUIDELINES

In order to receive full credit reports need to include the following elements:

A- A complete reference for the article you are reviewing: author, title, journal, volume, pages, date of publication, etc. You can consult the reference list in your text for the proper way to cite your articles.

B- Describe the type of research that is being reported on: descriptive, experimental, correlational, case study, etc – see the descriptions in your text if you are not clear about this.

C- Describe the research questions being asked. What were the hypotheses?

D- Identification of the variables in the study– names and types– independent, dependent, etc.

E- Describe the methods, instruments and procedures used to measure each variable.

F- Describe the subjects used in the research– number, type, how selected for use in the project, etc.

G- Describe the results or outcome of the study– what was concluded about the topic being investigated?

H- Length: Each report must include all the above elements and be about 375-400 words in length.

I- Be sure to include your name, date, W-number and section or CRN number at the top of your report.