Title of Study: Smartphone Use, Test Performance, & Anxiety.

Experiment Open Date: January 29th, 2015  Experiment Close Date: March 10th, 2015

(IRB) Approval Number: 14-PS-40

Participation Credits: 3 credits

Time (duration): Approximately 35 minutes

Brief Description of Study: Each participant will complete two short surveys as well as a brief test. Throughout the process, we will take measurements on heart rate, blood pressure, and cortisol levels. The cortisol sample is retrieved through saliva.

Participation Criteria: Students between the ages of 18 to 70 who own a smartphone may participate in this study. Do not consume caffeinated beverages the day of the study or brush your teeth within two hours of the study, as they will affect results. Make sure to bring your smartphone with you to the study.

Show up at least 5 minutes before the time of the study. Late students will not be allowed to participate that day.

Location: Participants will either attend room 324 (computer lab**), or room 325 (stats lab) depending on the date and time selected for participation. (see sign up sheet)

Researchers: Dr. Shannon McGillivray (psychology department) Jake Ombach (psychology student) J’lene Rea (psychology student) Tahne Vongsavath (psychology student) Kaleb Shumway (psychology student)

Questions? Please contact Dr. Shannon McGillivray at smcgillivray@weber.edu if you have questions. Please include the Study Number in the subject line of the email.

**Computer lab 324 is located in the north stairwell.