PROJECT INFORMATION SHEET

Title of Study: Sleep, Caffeine, Anxiety, and Academic Achievement.

Experiment Open Date: March 26, 2017 **Experiment Close Date: April 15, 2017**

(IRB) Approval Number: 17-PS-11

Participation Credits: 4 credits

Time (duration): Approximately 1 hour

Brief Description of Study:
Each participant will be asked to complete a consent form. Then fill out a self-assessment about sleep and caffeine intake. They will then will be given a series of four tests.

Participation Criteria
Students must be at least 18 to 100 years old and enrolled in Psychology 1010 or other Psychology classes to participant in experiment.

Location
Class participants will be given a consent form and then a hard-copy of surveys and then will be given four tests in the classroom SS 378 at assigned times and locations and asked to complete it.

Times the survey will be administered:

April 3rd	Room 378	9am to 10am
April 5th	Room 378	9am to 10am
April 13th	Room 328	2 to 3pm

Researchers:
Dr. Azenett Garza (psychology department)
Joanna Reeder (psychology student)

Questions:
Please contact Dr. Azenett Garza at agarza@weber.edu if you have questions. Please include the Study Number in the subject line of the email.