

ASSESSMENT OF CAREER DECISION MAKING

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PART I: How I Make Decisions

Respond to the statements below in terms of how you feel based on how you have made important decisions in the past, or about how you are handling decisions with which you are currently confronted. On your answer sheet, circle "A" if you AGREE with the statement, or "D" if you DISAGREE with it. Be sure to circle your responses left to right on the answer sheet.

1. I am very systematic when I go about making an important decision.
2. I often make a decision that is right for me without knowing why I made the decision.
3. When I make a decision it is important to me what my friends think about it.
4. I rarely make an important decision without gathering all the information I can find.
5. Even on important decisions I make up my mind pretty quickly.
6. I like to have someone to steer me in the right direction when I am faced with an important decision.
7. When I make a decision I consider its consequences in relation to decisions I will have to make later on.
8. When I make a decision I just trust my inner feelings and reactions.
9. I really have a hard time making important decisions without help.
10. When I need to make decision I take my time and think it through carefully.
11. I often decide on something without checking it out and getting facts.
12. I often make decisions based on what other people think, rather than on what I would really like to do.
13. When an important decision is coming up, I look far enough ahead so I'll have enough time to plan and think it through before I have to act.
14. I don't really think about the decision; it's in the back of my mind for a while, then suddenly it will hit me and I know what I will do.
15. I rarely make a decision without talking to a close friend first.
16. I double-check my information sources to be sure I have the right facts before deciding.
17. In coming to a decision about something, I usually use my imagination or fantasies to see how I would feel if I did it.
18. I put off making decisions because thinking about them makes me uneasy.

19. Before I do anything important, I have a carefully worked out plan.
20. I don't have to have a rational reason for most decisions I make.
21. I seem to need a lot of encouragement and support from others when I make a decision.
22. I don't make decisions hastily because I want to be sure I make the right decision.
23. I make decisions pretty creatively, following my own inner instincts.
24. There's not much sense in making a decision that is going to make me unpopular.
25. Often I see each of my decisions as stages in my progress toward a definite goal.
26. I usually make my decisions based on how things are for me right now rather than how they'll be in the future.
27. I don't have much confidence in my ability to make decisions, so I usually rely on other opinions.
28. I like to learn as much as I can about the possible consequences of a decision before I make it.
29. A decision is right for me if it is emotionally satisfying.
30. I usually don't have a lot of confidence in my decisions unless my friends give me support on them.

PART II: How I Feel About Being in High School

For the remaining questions, all of the statements refer to your PRESENT feelings. **Mark the statement "A" only if you feel this way right now.** If this is not important to you right now, mark it "D".

31. I don't know what the teachers in my class expect.
32. People are starting to listen to some of my ideas at school.
33. I believe I have been pretty successful in adjusting to high school.
34. I don't know what my family expects of me.
35. I am trying to get my friends to attend college after high school.
36. People at school seem to respect me and value my ideas.
37. I'm just beginning to feel a part of high school.
38. If my teachers asked, I could tell them how to make their classes more interesting.
39. I feel like my friends support me in my goals.
40. It's hard to know how to act at school.
41. I'm trying to get other students involved in things, instead of just sitting around.

42. This high school seems to be meeting my expectations and needs pretty well.
43. I don't feel that I really belong at this high school.
44. I often talk to my teachers outside of class.
45. The encouragement and support I've gotten from teachers has helped me to try harder to do well.
46. Most of the students at school seem to have attitudes and values like mine.
47. I'm not afraid to speak up in class when I don't agree with the teacher.
48. I've been getting a lot of positive feedback from my teachers.
49. I've had to change in some ways in order to get along with people at school.
50. After school, I like to hang around and see what is going on.
51. Some of my teachers have helped me to get a clear picture of myself.
52. I wonder if further education is worthwhile for me.
53. I am learning to be assertive to get what I want.
54. I'm pretty satisfied with the way things are working out for me at school.
55. Some of the teachers here are pretty hard to satisfy.
56. I really enjoy getting involved in group activities with other students.
57. I feel a sense of belonging when I get involved with teachers or with my class mates.
58. I've been asking other students how they like high school.
59. I've been telling my friends at other schools what a great place my high school is.
60. Some of the older students have helped me become more realistic.

PART III: What I Want to Study

61. I have a wide range of subjects I like.
62. If I choose the wrong classes, it could keep me from graduating.
63. I'm pretty certain about what I want to become.
64. I like most of the teachers and students in my classes.
65. I need to take a lot of different classes to see what I like.
66. I need to consider my interests in choosing a career.
67. It would take a lot to make me change my mind about my career.
68. I realize my career choice could limit the kinds of future goals I can set for myself.

69. I don't know how to go about choosing a career.
70. My past experiences in school should help me decide on a career.
71. There just isn't anything else that I'd rather be.
72. Some of the advanced classes in my career choice look pretty hard.
73. The more I think about a career, the more confused I get.
74. I've changed my mind about my career because of some the classes I've taken.
75. It's a relief to have decided on my career.
76. I wonder how I will fit in with other students in my career.
77. I need to decide on a career.
78. I know what career I want, but I don't know what I could do with it after I graduate.
79. I enjoy telling people what my career will be.
80. Most of my friends are interested in my career or one closely related to it.
81. I haven't definitely decided against any careers.
82. I don't know if I'm capable enough for the careers I'm considering.
83. I've decided what I want my career to be.
84. My interests and attitudes are like most of the students in my chosen career.
85. I wish I knew what I wanted to study.
86. I need to choose my classes more wisely than I have in the past.
87. My career gives me a sense of purpose and direction.
88. When people know what your career is, they expect you to act in a certain way.
89. I don't know what classes to take next year.
90. I see some disadvantages to the career I am considering.
91. I get pretty excited when I talk about things in my career.
92. I need to take other classes besides the ones I need to complete my career.
93. There are just so many different kinds of classes I would like to take.
94. There are a number of classes that I have decided against.
95. I'm looking forward to getting into the advanced classes in my career.
96. I need to see a counselor in order to help me plan for my career.
97. I've looked into several careers, but I don't know what I'm really looking for.
98. I need a career that is broad and flexible.
99. I really get involved in classes that help me develop my career.

100. Since choosing a career, my personality seems to be changing.

PART IV: Where I Am Heading After High School

101. Almost any career seems appealing to me.

102. What I used to think I wanted to become doesn't seem practical anymore.

103. I think I'll be happy with the career I have chosen.

104. I wonder what kind of job I'll be able to get in my field.

105. My plans for the future are too indefinite.

106. I'm trying to decide between two or three possible careers.

107. I'm pretty certain about the occupation I will enter.

108. My attitudes and outlook are becoming more like the people I know in my career.

109. I want to know what career of work I'm best suited for.

110. There are several careers that I have already decided against.

111. I'm a lot happier now that my future career is clear to me.

112. The career I have chosen will affect the kinds of friends I will have in the future.

113. I don't know what I really want out of life.

114. I've become more realistic in my thinking about possible careers.

115. I won't let anything get in the way to my reaching my goal.

116. I don't have enough experience for a job in my career.

117. I need information about occupations.

118. I've changed my mind about what I wanted to become, now that I've learned more about the field.

119. The more I learn about things in my field, the more involved I become.

120. I need to find out what jobs are available in my field.

121. I'm interested in too many fields.

122. I'm more certain of the fields I don't want than what I do want.

123. I've decided on the field I am going into.

124. I hope the people in my field will accept me.

125. I need to decide on an occupation.

126. I know what's important to me, but I don't know what kind of career would meet most of my needs.

127. The career I have chosen fits in my personality.
128. I need to start thinking about job interviews.
129. It's hard to know what to look for in a career.
130. I need to know more about the training required for some the occupations I am considering.
131. I feel I can overcome any obstacles in the way of my goal.
132. I will probably have to move away from here to get a job in my field.
133. I can't decide on a career because my interests keep changing.
134. I don't know if I have the right kind of personality for the work I'm considering.
135. It's unlikely that I will change my mind about my career plans.
136. The people in my field have certain expectations of me.
137. I don't know how to go about deciding on a career.
138. There are not many job opportunities in the field that I really like.
139. I'm looking forward to getting out of school and getting started in my career.
140. I think I am ready to choose a specialty within my chosen field.