



ALA Utah Girls State Orientation

2019

We look forward to seeing you
June 3rd – 8th. You need to
check in at Stewart Wasatch Hall
between 9:30 and 11:30 a.m.



The American Legion Auxiliary Girls State Program

- The American Legion Auxiliary sponsors ALA Utah Girls State. Our organization believes in God and Country and respects all religions.
- ALA Utah Girls State is a week of education where you will learn about our government. You will experience mock City, County, and State level government. You will be assigned to 1 of 2 parties--the Nationalist or the Federalist.
- You will also be assigned to 1 of 12 cities which are named after past governors of Utah. You will have amazing city counselors to help you all week long. They will send you an e-mail or letter in May introducing themselves and telling you which city you are in.
- There's more...you will hear speakers, campaign for offices, build patriotism, experience fun activities, and create lasting friendships. We encourage you to get involved in everything you can while at ALA Utah Girls State. The more you get involved, the greater the experience.

Attendance

Remember you **must** attend the whole session of ALA Utah Girls State to graduate and to receive your WSU credit (Poli Sci 2920, 3 credits).



Dress Code

- **You DO have to wear dresses or skirts/shirts every day.**
- Modest dresses please. No short dresses or skirts. Longer than where the bottom of fingers reach when standing up. Even if you are wearing leggings, your dresses/skirts cannot be short.
- The sleeves of your shirts must be at least as wide as your hand. You must wear a shirt with sleeves under narrow sleeves or spaghetti straps. No belly shirts.
- You will be allowed to wear jeans or capri pants at the Wednesday and Thursday evening activities.
- Many of the girls wear a formal/prom dress to the banquet and graduation. Banquet and graduation dresses can be sleeveless or have spaghetti straps.
- **Comfortable shoes are strongly recommended. Flip flops can only be worn in the dorms and at the Wednesday and Thursday evening activities.**
- You may wear shorts, pants or pajamas in the dorms only.



Additional Items To Bring

- Jacket or sweatshirt. The evenings may be cool.
- Extra towel(s). You will receive 1 towel and 1 washcloth on Monday and a 2nd set on Wednesday.
- Extra blanket and pillow. One blanket and one pillow will be provided. These are both thin.
- Personal Care items. (Shampoo, soap, make-up, deodorant, etc.)
- Feminine items.
- Spending money if you wish to purchase items at the bookstore or from the vending machines in the dorms.
- Medications.
- Backpack or bag to carry items for the whole day. We leave early and do not return to the dorms until late each day.
- Notebook, pencil, pen, and highlighter.
- Snacks for the evenings. There are vending machines in the dorms.
- Alarm Clock/Flashlight. (You may use your phone)
- Camera. (You may use your phone/tablet). We do take pictures and provide a yearbook that we will mail to you after ALA Utah Girls State is over.
- Updated Medical Form if needed (see below).
- If you have a family member that has served or is serving in the Military we encourage you to bring a small picture to add to our military service board. (NOT an original)
- Something red to wear on RED Friday – Remember Everyone Deployed.
- We have been choosing a project for donations. We will let you know what that project is. The last ones have been school supplies for military kids and socks for the Veterans Hospital.

Samsung Scholarship



You are eligible if you are a direct descendant of a war veteran; see the site for eligibility information.

The application and submission is all on-line.

Go to the Scholarship tab at

<https://apps.weber.edu/girlsstate/>

If you need assistance obtaining the veteran's military discharge paperwork, go to the site

<http://www.archives.gov/veterans/military-service-records/index.html>

It takes several weeks to receive the documents so plan ahead.

The application must be completed and submitted on-line prior to the first day of ALA Utah Girls State.



Medical

- If you have had medical problems or have new/different medication since you submitted your original registration forms, please have your completed Updated Medical Form with you when you check in on Monday morning. Find it on-line at <https://apps.weber.edu/girlsstate/> or

<http://aladeptutah.org/index2.html>

The nurse will go over this with you when you check in.

- If you become ill at ALA Utah Girls State, you will be directed to our nurse. You will not be allowed to just return to your dorm.

University Credit Requirements

- To receive the 3 Political Science 2920 College Credits from WSU you must:
 - Attend the full session of ALA Utah Girls State and participate in activities as a ALA Utah Girls State citizen.
 - Vote in all ALA Utah Girls State elections.
 - Make a minimum of 1 public speech or presentation. This can be in your city.
 - Be appointed or elected to a minimum of 1 ALA Utah Girls State position.
 - Maintain standards of honesty and integrity, and abide by ALA Utah Girls State and WSU regulations.

University Credit Requirements Continued

Complete the Citizen Workbook pages as you participate through the week. Must be signed by your counselor.

- Provide a written statement that expresses how this week at Girls State will influence your life.
- Provide a written essay of personal opinion regarding 2 Girls State speakers
- Provide a written essay of personal opinion regarding 1 of the following:
 - obligations of citizenship
 - power of the vote
 - what democracy means to me
 - the two-party system
- You may substitute a bill or resolution you've written for one of the essays listed above. Sample bill/resolution format is included in your workbook.
- **NOTE:** The fee for the credits was included in your registration fee. Also, we will give you time and deadlines to complete the essays while at ALA Utah Girls State.



Check in and Housing

- Check in times are from 9:00 am to 11:30 am.
- You will check in Monday morning at Wildcat Village in the Stewart Wasatch Hall. It is the East building of the three dorms in Wildcat Village. The address is 1375 Village Loop Rd., Ogden.
- You may park behind the building on the east side and go to the lobby to check in. We recommend you leave your bags in the car until you know which building you are going to. Your parent or driver may park and come in with you to register and then help take your luggage to your assigned dorm.
- Only the counselors will have room and dorm keys for the protection of the girls.
- There will be 2 girls per room and 4-6 girls per bathroom.
- You may come wearing a dress or you may change in your dorm once you arrive.

Vehicle Info

We recommend that you arrange to be dropped off on Monday and picked up on Saturday. If this is not an option for you, please be aware that if you drive your own vehicle to ALA Utah Girls State, you must park it and turn in your keys to our staff on Monday when you check in. You will get your keys back after graduation on Saturday.



Sweatshirts

- All participants will receive an ALA Utah Girls State t-shirt. If you would like to order a sweatshirt you can:
- Fill out the form and send the additional \$35 with your completed registration.
- Mail in the order form and \$35 directly to the office. Your order must be received by May 15th.
- Buy one at ALA Utah Girls State – subject to what is available.



Convocation

This is a VERY large part of ALA Utah Girls State. Each day we set aside time for the Pledge of Allegiance, a thought, stories, prayer, and songs. You may bring ideas for these with you as each city will decide what they are going to present. Instruments are optional. Bring at your own risk. Pianos are available for our use.



Junior Members

- Junior Members of the American Legion Auxiliary who are attending ALA Utah Girls State, will be asked to help with the Evolution of the Flags Presentation and Flag retirement ceremony. You will be given information after you arrive.
- If you would like to join our American Legion Auxiliary Junior Girls, get an application from your local Auxiliary Unit or go to the National website:

<https://members.legion-aux.org/Custom/ALA/NewMemberRegistration.aspx>



Campaigning

- All your campaign materials will be provided.
- Some of the offices you may run for will require you to give speeches and answer questions, so come prepared to participate in those activities.
- Red and Green Offices: There are 2 types of offices you can run for at ALA Utah Girls State. Green offices are the "party" offices and you can hold as many as you are elected or assigned to. Examples are Party Chairman and Convention Delegate. If you run for and get elected to a Red office that is the only Red office you can hold. Red office examples are City Mayor, County Commissioner, County Sheriff, and Supreme Court Judge. It is hard to describe how many offices you could run for, but if you look at it as your own journey the possibilities are numerous!
- Your counselor will discuss this process in detail in your city meetings.

Campaigning

- Girls Nation: At ALA Utah Girls State, 2 girls will be selected to go to Washington DC in July 2019 to represent Utah at ALA Girls Nation. They are called Girls Nation Senators.
- Two girls from each city will be nominated by the girls in their city. The nominees will write a bill and take an essay style test. The ALA Utah Girls State Directors staff review the bills and tests and select 8 girls to “run” on their party’s ballot. All ALA Utah Girls State citizens will vote to select the 2 who will go to Girls Nation.

Pre-Campaigning Rules

- **IMPORTANT!** You cannot announce your plans to run for any office prior to filing for that office. This means that you cannot talk about a specific office you are planning to run for prior to ALA Utah Girls State or even at ALA Utah Girls State until you have filed. We call this pre-campaigning.
- We expect you to follow these rules as soon as you are selected to attend GS. Please be aware that this becomes an important part of your experience leading up to and while at Girls State.
 - You may be disqualified from running for a particular office or all offices if you do not follow our Pre-Campaigning Rules.
- An important part of attending GS is learning about and running for elected offices. Here are some basic guidelines to follow, but it is difficult to list every scenario so please use wise judgment.

Campaigning and Pre Campaigning

- **What you CAN do:**

- Discuss what offices there are available to run for at GS. You should ask about several offices so that you truly know what is available and to avoid someone interpreting this as indirectly pre-campaigning.
- Discuss what is required to run for the office(s).
- Discuss what is required if you are elected to an office.
- Ask previous Girls State citizens about their experiences.
- Research current events and political office to find out more about the office or those who hold those offices in Utah and in the Nation.
- You may encourage others to run for certain offices, but do not ask them to tell you if they will or won't be.

Graduation

- Flag Advancement and Retirement.
If you have a white or mostly white formal, you may bring it. 10-15 girls with white formals will have the opportunity to help carry the flags for graduation. Your counselor will ask you if you have one once you arrive.
- Graduation is Saturday June 8th at 1 pm at WSU's Shepherd Union Building Ballroom (upstairs). Your parents/guardians are invited.
- Following graduation, you may leave **ONLY AFTER YOU HAVE CHECKED OUT WITH YOUR COUNSELOR.**



Cell Phones and Electronic Devices

- **Cell phones and electronics are prohibited during meetings.** You will have short periods of time at lunch and in the evening to use them. We strongly encourage you to disconnect from friends and family as much as possible so that your experience will be better. We realize you will use them for your alarm clock and flashlight and to check in with your parents, but please limit your use. You have very little free time this week. Please come prepared to learn, enjoy and meet new friends. ALA Utah Girls State is a wonderful opportunity—make the most of it!

Code of Conduct for ALA Utah Girls State

- The following rules will help us maintain an orderly ALA Utah Girls State session and provide you an exceptional learning experience. Any ALA Utah Girls State Citizen breaking the rules could be denied the privilege of receiving her Girls State pin and Graduation Certificate.
- Please come to ALA Utah Girls State committed and prepared to stay the whole week. Unless you can do this, it would be better to let someone else who can, come and receive the benefits of the **whole** Girls State week.
- Girls are required to attend the full session of ALA Utah Girls State.
- Citizens are required to attend all meetings. Be prompt to sessions, ceremonies and meals - **Dress Appropriately.**
- No candy, gum or drinks allowed in meetings, you can have bottled water.
- **Do not leave** campus. Written permission will be given by the Director in extreme emergency.
- Be neat in your dorms. Observe campus rules -Don't move bedding or furniture from one room to another. Please, no pins, paste, nails etc. on walls.



Code of Conduct for Girls State Continued

- **PLEASE keep your dorm clean. Citizens are responsible for making sure the trash is cleaned up and thrown away.**
- Wear name tags when you leave the dorm (except for song fest, outdoor dinner, banquet and graduation). Make sure you have your ALA Utah Girls State Manual with you at all times (you will not be allowed to return to the dorm to get your manual or name tag). Name tags are your voting credential and allow you to eat in the cafeteria. Your manual gives you instructions in procedures, meeting locations, and contains information which will be of value to you during your week at ALA Utah Girls State.
- If you become ill, please let your counselor know, so medical attention can be given to you. Your counselor will have a staff member take you to the nurse.
- **Cell phones are not permitted in meetings.** Texting is not allowed in meetings. Phone use will be allowed at certain times in the dorms and on campus as permitted by your counselor and the staff. The Director will set the rules about cell phones.
- **No campaigning until you have filed for office.** You will need to ask a delegate to nominate you for an office, but you cannot campaign until you have filed.
- After returning to the dorms at night you are not permitted to leave your city. No food can be ordered from off campus.

For Questions or More Information

Contact Director Angie Jensen

801-539-1015

alautahgirlsstate@gmail.com

ALA Utah Girls State Office

801-539-1015

alautah@yahoo.com

<https://apps.weber.edu/girlsstate/>

<http://aladeptutah.org/index2.html>

<https://www.alaforveterans.org/>

<https://www.facebook.com/utahgirlsstate/>

