

Bachelor of Science in Nutrition Education – Graduation MAP

Integrative Nutrition Emphasis


This is a suggested plan. Meet with the academic advisor in the Department of Exercise and Nutrition Sciences (ENS) to create a specific plan that best fits your academic needs.

Remember, taking 15 credit hours per semester facilitates graduation in four years.



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Catalog 2020-2021: MATH 1010/English 1010 Placement NAME: _____

	Course	Credit Hours	Semester Offered (Typically)	Milestones & Notes
	Freshman (Semester 1 - Fall)			
	ENGL 1010 Intro. College Writing	3	ALL	<ul style="list-style-type: none">• *ENGL and MATH placement is determined by your ACT, Developmental MATH Challenge, or Accuplacer exam scores.• Remember that courses numbering below 1000 do NOT count toward your 120 total credit requirement.• Meet with your advisor before registration for the next semester.
	**MATH 1010	4	ALL	
	NUTR 1020 – Science & App of Nutrition (LS)	3	ALL	
	Creative Arts Course	3		
	Elective (UNIV 1105 recommended)	3		
	Total Semester Credits	16		
	Freshman (Semester 2 - Spring)			
	ENGL 2010 Intermediate College Writing	3	ALL	<ul style="list-style-type: none">• All Gen Ed Core classes require a C or better, any passing grade is acceptable for Breadth area courses UNLESS they are also meeting a major requirement.• Only one grade below a C is allowed in ANY major courses.• No Duplication of Departments in Breadth requirements.• Meet with your advisor before registration for the next semester.
	MATH QL	3-4	ALL	
	CHEM PS1210 Principles of Chemistry I or CHEM PS1110 Elementary Chemistry	5	ALL	
	NUTR 1240 Nutrition & Sustainable Cooking	3		
	LIBS 1704 or LIBS 1504	1	ALL	
	Total Semester Credits	15-16		
	Freshman (Optional - Summer)			
	Sophomore (Semester 3 - Fall)			
	PSY 1010 – Intro to Psych (SS) or CHF 1500 – Human Development (SS/DV)	3		<ul style="list-style-type: none">• A minor is NOT required for this major, but may be considered to fulfill the electives for BS credit hour requirement.• Meet with your advisor before registration for the next semester
	American Institutions	3		
	Elective	3	ALL	
	NUTR 2320 Food Values, Diet Design & Health	3		
	HLTH 1030 – Healthy Lifestyles (SS)	3		
	Total Semester Credits	15		
	Sophomore (Semester 4 - Spring)			
	COMM 1020 (HU), 1500, 2010, or 2110 (HU)	3	ALL	<ul style="list-style-type: none">• Following this plan will allow for completion of an AS degree in General Studies at the end of the Sophomore year (Semester 4).• Meet with your advisor before registering for next semester.
	Humanities/Creative Arts/Diversity Course	3		
	Elective	3		
	NUTR 2020 Nutrition in the Life Cycle	3		
	Physical/Life Science Course	3		
	Total Semester Credits	15		
	Sophomore (Optional - Summer)			


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Continued – Junior & Senior years



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	Course	Credit Hours	Semester Offered (Typically)	Milestones & Notes
	Junior (Semester 5 - Fall)			
	NUTR 3020 Sports Nutrition	3		<ul style="list-style-type: none">• Meet with your advisor before registering for next semester.• Select Upper Division Electives (3000 level or higher)
	Program Elective	3		
	Program Elective	3		
	Program Elective	3		
	Program Elective	3		
	Total Semester Credits	15		
	Junior (Semester 6 - Spring)			
	NUTR 3420 Multicultural Health & Nutrition	3		<ul style="list-style-type: none">• Meet with your advisor before registering for next semester.• Select Upper Division Electives (3000 level or higher)
	Program Elective	3		
	Program Elective	3		
	Program Elective	3		
	Elective	3		
	Total Semester Credits	15		
	Junior (Optional - Summer)			
	Senior (Semester 7 - Fall)			
	NUTR 4320 Current Issues in Nutrition	2		<ul style="list-style-type: none">• Double check total credit hours to make sure you total 120 credits! AND, Upper Division credit hour minimum – 40 credits.• Select Upper Division Electives (3000 level or higher)• Meet with your advisor early to discuss Graduation Application and other graduation plans/events. !
	NUTR 4860 Field Experience	2		
	Program Elective	2		
	Elective	3		
	Elective	3		
	Elective	3		
	Total Semester Credits	15		
	Senior (Semester 8 - Spring)			
	NUTR 4990 Senior Seminar	1		<ul style="list-style-type: none">• Meet with your advisor.• Select Upper Division Electives (3000 level or higher)• Apply for graduation.• Will need to achieve minimum of 120 total credits (including a minimum of 40 Upper Division credits) overall to meet requirement for a Bachelor degree
	Elective	2		
	Elective	3		
	Elective	3		
	Elective	3		
	Elective	2		
	Total Semester Credits	14		
	Total Bachelor Credits	120-121		

Gen Ed Breadth options (do Not duplicate departments)

<input type="checkbox"/> HU	<input type="checkbox"/> CA	<input type="checkbox"/> HU or CA
<input type="checkbox"/> SS	<input type="checkbox"/> SS	
<input type="checkbox"/> PS	<input type="checkbox"/> LS	<input type="checkbox"/> PS or LS
<input type="checkbox"/> DV (Double dip with breadth course)		

Notes: A Bachelor degree requires 120 total credits, 40 of those must be upper division (3000 or 4000 level courses.) Students electing to complete an Associate degree on the way to their Bachelor degree should meet with the ENS Advisor to design a personalized plan.

Avoid mis-advisement! Consult your academic advisor (weber.edu/advisors), the WSU catalog (weber.edu/catalog), and your CarTracks degree evaluation (log in to your eWeber Student Portal).

Revised: 03/2020 MS