

# Bachelor of Science in Nutrition Education – Graduation MAP

## Sports Nutrition Emphasis (STEM degree)

This is a suggested plan. Meet with the academic advisor in the Department of Exercise and Nutrition Sciences (ENS) to create a specific plan that best fits your academic needs.

Remember, taking 15 credit hours per semester facilitates graduation in four years.



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Catalog 2020-2021: MATH 1010/English 1010 Placement NAME: \_\_\_\_\_

<input checked="" type="checkbox"/>	Course	Credit Hours	Semester Offered (Typically)	Milestones & Notes
<b>Freshman (Semester 1 - Fall)</b>				
	ENGL 1010 Intro. College Writing	3	ALL	<ul style="list-style-type: none"> <li>• *ENGL and MATH placement is determined by your ACT, Developmental MATH Challenge, or Accuplacer exam scores.</li> <li>• Remember that courses numbering below 1000 do NOT count toward your 120 total credit requirement.</li> <li>• Meet with your advisor before registration for the next semester.</li> </ul>
	MATH 1010	4	ALL	
	NUTR 1020 – Science & App of Nutrition (LS)	3	ALL	
	Creative Arts Course	3	ALL	
	Elective (UNIV 1105 or CHEM 1200 recommended)	3		
	<b>Total Semester Credits</b>	<b>16</b>		
<b>Freshman (Semester 2 - Spring)</b>				
	ENGL 2010 Intermediate College Writing	3	ALL	<ul style="list-style-type: none"> <li>• All Gen Ed Core classes require a C or better, any passing grade is acceptable for Breadth area courses UNLESS they are also meeting a major requirement.</li> <li>• Only one grade below a C is allowed in ANY major courses.</li> <li>• No Duplication of Departments in Breadth requirements.</li> <li>• Meet with your advisor before registration for the next semester.</li> </ul>
	MATH QL 1050	4	ALL	
	CHEM PS1210 Principles of Chemistry I	5	ALL	
	NUTR 2320 Food Values, Diet Design & Health	3		
	LIBS 1704 or LIBS 1504	1	ALL	
	<b>Total Semester Credits</b>	<b>16</b>		
<b>Freshman (Optional - Summer)</b>				
<b>Sophomore (Semester 3 - Fall)</b>				
	American Institutions	3		<ul style="list-style-type: none"> <li>• A minor is NOT required for this major, but may be considered to fulfill the electives for BS credit hour requirement.</li> <li>• Meet with your advisor before registration for the next semester</li> </ul> *Choose either sequence: HTHS 1110 (LS) & HTHS 1111 or ZOOL 2100 & ZOOL 2200 (LS)
	CHEM 1220 Principles of Chemistry II (w/ lab)	5		
	Social Science & Diversity Course (recommend SOC 1010)	3	ALL	
	*HTHS 1110 Integrated A & P I (LS)	4		
	<b>Total Semester Credits</b>	<b>15</b>		
<b>Sophomore (Semester 4 - Spring)</b>				
	Humanities Course	3	ALL	<ul style="list-style-type: none"> <li>• Following this plan will allow for completion of an AS degree in General Studies at the end of the Sophomore year (Semester 4).</li> <li>• Meet with your advisor before registering for next semester.</li> </ul> If planning to attend a graduate school RDN program, meet with Academic Advisor early to discuss prerequisite courses
	*HTHS 1111 Integrated A & P II	4		
	Humanities/Creative Arts/Diversity Course	3		
	NUTR 2020 Nutrition in the Life Cycle	3		
	Social Science Course (recommend PSY 1010 or ECON 1010)	3		
	<b>Total Semester Credits</b>	<b>16</b>		
<b>Sophomore (Optional - Summer)</b>				

# Bachelor of Science in Nutrition Education – Graduation MAP

## Sports Nutrition Emphasis (STEM Degree)

Continued – Junior & Senior years



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<input checked="" type="checkbox"/>	Course	Credit Hours	Semester Offered (Typically)	Milestones & Notes
<b>Junior (Semester 5 - Fall)</b>				
	NUTR 3020 Sports Nutrition	3		<ul style="list-style-type: none"> <li>• Meet with your advisor before registering for next semester. Select Upper Division Electives (3000 level or higher)</li> </ul>
	NUTR 3040 Nutrition Assessment	3		
	CHEM 2310 Organic Chemistry I (4)	4		
	CHEM 2315 Organic Chemistry I Lab (1)	1		
	Elective	3		
	<b>Total Semester Credits</b>	<b>14</b>		
<b>Junior (Semester 6 - Spring)</b>				
	NUTR 3220 Foundations in Diet Therapy	3		<ul style="list-style-type: none"> <li>• Meet with your advisor before registering for next semester. Select Upper Division Electives (3000 level or higher)</li> </ul>
	NUTR 3420 Multicultural Health & Nutrition	3		
	CHEM 3070 Biochemistry I	3		
	Program Elective	3		
	Program Elective	3		
	<b>Total Semester Credits</b>	<b>15</b>		
<b>Junior (Optional - Summer)</b>				
<b>Senior (Semester 7 - Fall)</b>				
	NUTR 3070 Advanced Food Science	3		<ul style="list-style-type: none"> <li>• Double check total credit hours to make sure you total 120 credits! AND, Upper Division credit hour minimum – 40 credits.</li> <li>• Select Upper Division Electives (3000 level or higher)</li> <li>• Meet with your advisor early to discuss Graduation Application and other graduation plans/events.</li> </ul>
	NUTR 4440 Advanced Human Nutrition	3		
	Elective	3		
	Elective	3		
	Elective	2		
	<b>Total Semester Credits</b>	<b>14</b>		
<b>Senior (Semester 8 - Spring)</b>				
	NUTR 4990 Senior Seminar	1		<ul style="list-style-type: none"> <li>• Meet with your advisor.</li> <li>• Select Upper Division Electives (3000 level or higher)</li> <li>• Apply for graduation.</li> <li>• Will need to achieve minimum of 120 total credits (including a minimum of 40 Upper Division credits) overall to meet requirement for a Bachelor degree</li> </ul>
	NUTR 4320 Current Issues in Nutrition	2		
	Elective	2		
	Elective	3		
	Elective	3		
	Elective	3		
	<b>Total Semester Credits</b>	<b>14</b>		
	<b>Total Bachelor Credits</b>	<b>120</b>		

### Gen Ed Breadth options (do Not duplicate departments)

<input type="checkbox"/> HU	<input type="checkbox"/> CA	<input type="checkbox"/> HU or CA
<input type="checkbox"/> SS	<input type="checkbox"/> SS	
<input type="checkbox"/> PS	<input type="checkbox"/> LS	<input type="checkbox"/> PS or LS
<input type="checkbox"/> DV (Double dip with breadth course)		

**Notes:** A Bachelor degree requires 120 total credits, 40 of those must be upper division (3000 or 4000 level courses.) Students electing to complete an Associate degree on the way to their Bachelor degree should meet with the ENS Advisor to design a personalized plan.

**Avoid mis-advisement!** Consult your academic advisor ([weber.edu/advisors](http://weber.edu/advisors)), the WSU catalog ([weber.edu/catalog](http://weber.edu/catalog)), and your CatTracks degree evaluation (log in to your eWeber Student Portal).

Revised: 03/2020 MS