

# Physical Education Teaching Major – Graduation MAP

This is a suggested Major Academic Plan (MAP). Meet with an academic advisor to create a specific plan that best fits your academic needs. Remember, taking an average of 15 credit hours per semester facilitates timely graduation.



2020-21 Catalog Year      NAME \_\_\_\_\_


| <input checked="" type="checkbox"/> | Course   | Credit Hour | Semester Offered | Milestones & Notes   |
|-------------------------------------|--|-------------|------------------|--|
| Freshman (Semester 1)               |  |             |                  |  |
|                                     | <b>Composition:</b> *ENGL 1010, Intro to Writing   | 3           | ALL              | <ul style="list-style-type: none"> <li>• Check off your courses as they are completed.</li> <li>• *ENGL &amp; MATH placement is determined by the ACT or Accuplacer score. Seek advisement to determine your required ENGL course sequencing.</li> <li>• Meet with Academic Advisor</li> </ul>                                       |
|                                     | <b>Humanities:</b> COMM HU 1020, Public Speaking<br><b>OR</b> COMM 2110, Interpersonal/Small Group Communication | 3           | ALL              |  |
|                                     | <b>American Institution:</b> (Recommend: POLS 1100, American National Government)                                | 3           | ALL              |  |
|                                     | <b>Social Science:</b> HLTH SS 1030, Healthy Lifestyles  | 3           | ALL              |  |
|                                     | Any <b>HU/DV or CA/DV</b> (Recommend: DANC CA/DV 1010)   | 3           | ALL              |  |
|                                     | <b>Total Semester Credits</b>  | <b>15</b>   |                  |  |
| Freshman (Semester 2)               |  |             |                  |  |
|                                     | <b>Composition:</b> ENGL 2010, Intermediate College Writing  | 3           | ALL              | <ul style="list-style-type: none"> <li>• Minimum GPA for all Gen Ed Core classes is a C</li> <li>• You must register for a lecture &amp; a lab at the same time when registering for HTHS 1110.</li> <li>• Meet with Academic Advisor</li> </ul>   |
|                                     | <b>Life Science:</b> HTHS LS 1110 (w/lab), Integrated Human Anat & Phys I  | 4           | ALL              |  |
|                                     | <b>Social Science:</b> (REC: CHF SS 1500, Human Development)   | 3           | ALL              |  |
|                                     | PE 1080, Strength & Conditioning   | 1           | ALL              |  |
|                                     | <b>Creative Arts:</b> (Recommend: ART 1030, Art for the Non-Art Major)   | 3           | ALL              |  |
|                                     | <b>Total Semester Credits</b>  | <b>14</b>   |                  |  |
| Sophomore (Semester 3)              |  |             |                  |  |
|                                     | PEP 2000, Foundations of Physical Education  | 3           | FALL & SPR       | <ul style="list-style-type: none"> <li>• HU/DV or CA/DV meets both the HU/CA and Diversity requirement.</li> <li>• Diversity is a Gen Ed Core reqmt, must have a C or better.</li> <li>• Meet with Academic Advisor</li> </ul>   |
|                                     | <b>Computer Information Literacy:</b> LIBS 1704 or LIBS 1504   | 1           | ALL              |  |
|                                     | Minor Requirement  | 3           | ALL              |  |
|                                     | PEP 3100, Principles of Motor Learning & Development   | 3           | FALL             |  |
|                                     | EDUC 1010, Exploring Teaching  | 3           | ALL              |  |
|                                     | <b>Total Semester Credits</b>  | <b>13</b>   |                  |  |
| Sophomore (Semester 4)              |  |             |                  |  |
|                                     | PEP 3520 + Lab, Curriculum and Assessment  | 2 + 1       | FALL & SPR       | <ul style="list-style-type: none"> <li>• This plan will allow completion of an AS degree in 2 years. You will need to make sure your AS in Gen Studies degree is declared and apply for graduation on your eWeber student services portal. You must have completed 60 credit hours.</li> <li>• Meet with Academic Advisor</li> </ul> |
|                                     | * <b>Quantitative Literacy</b> (must take MATH 1 for this major)   | 4           | ALL              |  |
|                                     | Minor Requirement  | 3           | ALL              |  |
|                                     | <b>Life Science:</b> NUTR LS 1020, Science & Application of Human Nutrition                                      | 3           | ALL              |  |
|                                     | <b>Physical Science:</b> (REC: CHEM PS 1010, Introductory Chemistry)   | 3           | ALL              |  |
|                                     | <b>Total Semester Credits</b>  | <b>16</b>   |                  |  |

# Physical Education Teaching Major – Graduation MAP

Continued - Junior & Senior years



2020-21 Catalog Year

|  | Course  | Credit Hours   | Semester Offered | Milestones & Notes   |
|--|---|----------------|------------------|--|
| Junior (Semester 5)  |   |                |                  |  |
|  | ESS 3540, Structural Kinesiology                                    | 3              | ALL              | <ul style="list-style-type: none"><li>• If you have not already done so, you should meet with your advisor to apply and declare your major and minor.</li><li>• Meet with Academic Advisor</li></ul>                   |
|  | PEP 3630, Methods of Teaching Elementary School Physical Education  | 3              | FALL             |  |
|  | PEP 4700, Methods of Teaching Junior High School Physical Education | 3              | FALL             |  |
|  | Minor Requirement   | 3              | ALL              |  |
|  | Minor Requirement   | 3              | ALL              |  |
|  | <b>Total Semester Credits</b>                                       | <b>15</b>      |                  |  |
| Junior (Semester 6)  |   |                |                  |  |
|  | ESS 3510, Exercise Physiology                                       | 3              | FALL & SPR       | <ul style="list-style-type: none"><li>• Attend TED Information Session and review Praxis requirements</li><li>• Apply for the Teacher Education (TED) Program</li><li>• Meet with Academic Advisor</li></ul>           |
|  | PEP 3660, Adapted Physical Education                                | 3              | FALL & SPR       |  |
|  | PEP 4710, Methods of Teaching High School Physical Education        | 3              | SPR              |  |
|  | Minor Requirement   | 3              | ALL              |  |
|  | <b>Total Semester Credits</b>                                       | <b>12</b>      |                  |  |
| Senior (Semester 7)  |   |                |                  |  |
|  | PEP 3290, Methods of Teaching Fitness for Life                      | 3              | ALL              | <ul style="list-style-type: none"><li>• **Check your 'cat tracks or check with a TED Advisor to make sure you register for all of the right classes for the TED levels.</li><li>• Meet with Academic Advisor</li></ul> |
|  | PEP 3280, Methods of Teaching Strength and Conditioning             | 3              | FALL             |  |
|  | Minor Requirement   | 3              | ALL              |  |
|  | Minor Requirement   | 3              | ALL              |  |
|  | <b>Total Semester Credits</b>                                       | <b>12</b>      |                  |  |
| Senior (Semester 8)  |   |                |                  |  |
|  | PEP 4990, Field Experience/Senior Seminar                           | 3              | FALL & SPR       | <ul style="list-style-type: none"><li>• Must apply for Student Teaching</li><li>• Meet with Academic Advisor</li></ul>   |
|  | **Teacher Education, Level One                                      | 12             | FALL & SPR       |  |
|  | <b>Total Semester Credits</b>                                       | <b>15</b>      |                  |  |
| Senior (Semester 9)  |   |                |                  |  |
|  | **Teacher Education, Level Two – Student Teaching                   | 12             | FALL & SPR       | <ul style="list-style-type: none"><li>• Must apply for graduation through eWeber student portal</li><li>• Attend Grad Fair to pick-up cap &amp; gown</li><li>• Meet with Academic Advisor</li></ul>                    |
|  | <b>Total Semester Credits</b>                                       | <b>12</b>      |                  |  |
|  | <b>Total Bachelor degree Credits</b>                                | <b>127-128</b> |                  |  |

## Gen Ed Breadth Requirements:

(Remember - you can NOT duplicate departments!)

There are new WSU Breadth area courses, speak with your advisor about where they may fit in your program of study.

|  |                             |                                   |
|--|-----------------------------|-----------------------------------|
| <input type="checkbox"/> HU                                  | <input type="checkbox"/> CA | <input type="checkbox"/> HU or CA |
| <input type="checkbox"/> SS                                  | <input type="checkbox"/> SS |                                   |
| <input type="checkbox"/> PS                                  | <input type="checkbox"/> LS | <input type="checkbox"/> PS or LS |
| <input type="checkbox"/> DV (Double dip with breadth course) |                             |                                   |

Notes: The HPER Department policy is that all students should be in touch with an advisor each semester. Brittini Strickland, the HPHP Advisement Coordinator can be contacted by e-mail at [BrittiniStrickland@weber.edu](mailto:BrittiniStrickland@weber.edu) to answer general questions. To schedule an appointment for advisement, go to <https://hphpadvisement.youcanbook.me>. Faculty advisors/mentors have their contact information and office hours posted by their doors.

**Avoid misadvisement!** Consult your academic advisor ([weber.edu/advisors](http://weber.edu/advisors)), the WSU Catalog ([weber.edu/catalog](http://weber.edu/catalog)), and your Cat Tracks degree evaluation (log in to your eWeber Student Portal).

Revised: 04/04/2020 BmS