## HONORS 2130A The Meaning of Life: Great Ideas of the East

## Spring 2024 COURSE SCHEDULE

Tuesdays Thursdays

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Jan 9	Jan 11
Introductions, Syllabus	Identity, Truth and Enlightenment East and West
Understanding the Question of the Meaning of Life	
Jan 16	Jan 18
Early Human History & Oracle Bones	The I Ching
Jan 23	Jan 25
Ancient Indus: Mystery Cities, Castes & Invaders	Charvaka, Ajivika, Hinduism
in vaccio	Yoga
Jan 30	Feb 1
(No class) Read the Bhagavad Gita	(No class) Continue reading the Bhagavad Gita
Feb 6	Feb 8
(No class) Continue reading the Bhagavad	Hinduism Continued
Gita	Yoga II
Feb 13	Feb 15
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India, Buddhism	Buddhism
(start reading Siddhartha)	Vipassana Meditation
Feb 20	Feb 22
China Breaks Eggs to Make an Omelette	Buddhism continued
(continue reading Siddhartha)	Body Scan and Loving Kindness Meditation
Feb 27	Feb 29
Golden Age China Comes for Vietnam and Korea	Taoism
	Tai Chi
Mar 5 (Spring Break)	Mar 7 (Spring Break)
Mar 12 The Silk Road, The Huns, and How to Get Rich and Not Die	Mar 14 Taoism continued and Confucianism Qigong
Mar 19	Mar 21
Korea's Golden Age vs. Japan's Feudalism	Korean Martial Arts
	Samu, KiCheon meditation
Mar 26	Mar 28
The Mongols and the Black Death	Mongol Ethics vs. Jain Ethics
Apr 2	Apr 4
The Mughal Empire & the East India Trading Company	Islam

Apr 9	Apr 11
China's Century of Humiliation	Zen
Samurai vs. The Modern World	Haiku, Zazen
	(Finalize chart structure)
Apr 16	Apr 18
	Signature Assignment due
(Continue working on Signature Assignments)	Final Conclusions
Apr 23-25	

(finals week)

QUIZ 3 CLOSES ARIL 25 AT 8:00 PM