How to Approach Professors



Prepare before communicating with your professor:

- 1. Be proactive: Start assignments right away and get help as soon as you need it.
- 2. Have specific questions in mind to ask your professor.
 - a. Do you have concerns about assignments, quizzes, or exams?
 - b. Do you want to improve your comprehension of a course concept?
 - c. Are you interested in making this field your major or minor?
 - d. Are you interested in research, internships, or job opportunities in the field?
- 3. If you're nervous, practice what you want to say before meeting with the professor.
 - a. Word your questions to make requests, not demands.
 - b. Write out the specific questions you want to ask.
 - c. Be prepared with homework problems or handouts to discuss.

Visit during office hours or schedule an appointment:

- 1. Review the syllabus to see if professors prefer drop-in or appointment hours.
 - a. Also, check if they are available to meet in-person or virtually.
 - b. If you make a scheduled appointment, remember to show up on time.
- 2. Be respectful to your professor.
 - a. If in-person, knock on the door, even if it is open.
 - b. If virtual, have the meeting link ready, and your camera turned on.
- 3. Know how to address the professor properly.
 - a. Ex. Professor, Dr., pronouns, etc



- 4. Introduce yourself and state which course and section you attend.
- 5. Discuss your questions or concerns.
 - a. Explain what you have done or tried before coming to ask for help.
 - a. Ex. I have tried ... but I am still struggling with ...
 - b. Ask about the field of study and future opportunities.
 - a. Ex. I am interested in ... how do I ...
- 6. Take notes as you are talking with the professor.

Use a letter format when emailing your professor:

- 1. Always include the course name and question(s) in the subject line.
 - a. Ex. Chem XXXX Question with Chapter 5 problem 10a
- 2. Include your name, school ID, and contact information.
- 3. Clearly state your question in the body of the email.
- 4. Proofread your email before sending it to the professor.
- 5. Give professors at least 24-48 hours to respond.

Remember, professors love the subject they teach and want to share that knowledge with you!

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