Masters of Science in Athletic Training

WEBER STATE UNIVERSITY
Moyes College of Education
Why an MSAT from Weber State?

Whether you want to work in athletics, a medical office, private industry or the military, Weber State University’s Master of Science in Athletic Training program can give you the competitive edge you need to achieve your career goal.

Meeting a Higher Standard

Advanced degrees are becoming the professional standard in the field. The National Athletic Trainers’ Association reports that 70 percent of all certified athletic trainers hold at least a Master’s degree.

Preparation and Certification

Weber State’s MSAT program provides you with knowledge and skills in the prevention, evaluation, treatment and rehabilitation of musculoskeletal injuries and general medical conditions. The program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Graduates are eligible to sit for the Board of Certification (BOC) examination and for athletic training credentials in all states where required.
Getting Started:

The MSAT program is designed for students who have earned Bachelor’s degrees in an allied health or exercise science field. Students with degrees in other fields may enter the program after satisfying prerequisite course work.

Admission Requirements:

- Admission to Weber State University (use the MSAT application)
- Graduate Record Examination (GRE) scores (only required if GPA is below 3.0)
- Minimum 3.0 grade point average
- Completed application for the graduate athletic training program
- Application essay
- Two letters of recommendation (at least one letter from a college-level instructor)
- Grade of C or better in all prerequisite courses (All prerequisites must have been completed within the last 10 years prior to application.)
- Program interview (in person or over the phone)
- Completed Technical Standards form
- Official transcripts from other colleges/universities attended
- Physical examination and proof of immunizations
- Hepatitis B vaccination
- Current Emergency Response and CPR for the Professional Rescuer certification cards (If necessary, certification may be completed during your first semester.)

Prerequisites (31 hours)*

- (ZOOL 2100) Human Anatomy with lab (4)
- (ZOOL 2200) Human Physiology with lab (4)
- (PSY 1010) Introduction to Psychology (3)
- (AT 2300) Emergency Response (3)
- (HLTH SS1030) Healthy Lifestyles (3)
- (PEP 3500) Kinesiology/Biomechanics (3)
- (PEP 3510) Exercise Physiology (3)
- (NUTR LS120) Foundations in Nutrition (3)
- (HTHS 2240) Introduction to Pharmacology (3)
- (PEP 3280) Teaching Neuromuscular Conditioning (2)

*To substitute a course from another university, you must submit a course description and/or syllabus for review and approval.
Hands-On Experience:
“What I enjoyed most about the MSAT program was that it continually created and offered a variety of new clinical experiences and service learning opportunities. I had the opportunity to work with professional action sports athletes at the Dew Tour, which led me to get a job as soon as I graduated.”

- Mike McMahon, WMI Global

Clinical Rotation Options:
• NCAA Division I athletics
• Professional sports teams
  ▪ Real Salt Lake (MLS)
  ▪ Utah Blaze (Arena Football)
• High school athletics
• Rehabilitation clinics
• Orthopedic clinics
• General medical clinical sites
A complete listing of Clinical Rotation Options is available at: weber.edu/athletictraining/clinicalrotations.

Internships Held by WSU MSAT Students:
• Jacksonville Jaguars (NFL)
• Washington Redskins (NFL)
• NW Arkansas Naturals (Minor League Baseball)
• Salt Lake Bees (Minor League Baseball)
• Summer and Winter Dew Tours

Current Student Research and Projects:
• An investigation of altered neuroproteins in collegiate athletes with self-reported history of concussion.
• Kinematic Comparison of Running Stride in Personal Racing Flats, Barefoot, and Vibram Five Fingers in Elite Male Runners at Race Pace.
• Effect of Holographic Wristbands on Proprioception
Educational Facilities:

WSU’s Athletic Training Education Program (ATEP) Laboratory is a 1,500-square-foot classroom/lab/research space designed especially for athletic training students. Integrated DVD players, Internet connections and overhead LCD video projectors enhance classroom instruction and discussion. A fully equipped lab allows you to put what you’ve learned to the test, and a research office gives you space to input and analyze data for thesis projects.

State-of-the-art equipment for assignments and research:

- Portable and fixed treatment tables
- Electrical stimulation/ultrasound combination units
- Shortwave diathermy unit with drum and electrodes
- Cervical/lumbar traction table
- Cable column for strength training
- SwimEX aquatic therapy pool for training and rehabilitation
- Access to the gymnasium and eight-lane swimming pool
- Numerous other pieces of rehabilitation equipment
Weber State University

Founded in 1889, Weber State University is an exceptional teaching university providing associate, bachelor’s and master’s degrees in business, education, health professions, liberal arts, technology and sciences. At Weber, you can expect extraordinary interactions with faculty members who are committed to your success. We pride ourselves on providing access to a great education, creating a supportive learning environment and serving our community.

In recent years, Forbes magazine has ranked WSU in the top 50 of America’s Best Public Colleges, and the U.S. News & World Report has called us one of the best universities in the west.

Life in Northern Utah

Ogden is a vibrant, diverse city that has earned a reputation nationally for being one of the best places to live, one of the best places to do business and a “playground for adrenaline junkies.” WSU provides a community hub for many cultural, recreational and athletic events, and Ogden and the surrounding areas offer a huge range of activities—all within easy reach.

In Ogden:

- Extensive trail network for hiking, biking, snowshoeing and cross-country skiing

Weber at a Glance

- Founded in 1889
- 26,000 students
- 11 master’s programs
- 225+ undergraduate programs
- 86% of WSU faculty have PhDs or the highest degree in their field
- $97,000,000 in scholarships & financial aid provided in 2011-12
- 16 NCAA teams
- Mascot: Wildcats
- School colors: Purple and white
- 220 clubs and organizations

Tuition & Costs

WSU is one of the most affordable universities in the west, even for non-resident students. For MSAT tuition and fee details, visit weber.edu/bursar/TuitionFee_Tables.html
• Fishing, floating or kayaking the Ogden and Weber rivers
• Rock climbing
• Golf
• Ogden Raptors baseball
• Ogden Mustangs hockey
• Historic 25th Street shopping and restaurants
• Concerts, galleries, museums and theaters
• The Junction entertainment complex

**Within 30 minutes:**
• Three ski resorts (Snowbasin, Powder Mountain, Wolf Mountain)
• Camping
• Boating
• Horseback riding
• Antelope Island State Park

**Within 60 minutes:**
• Salt Lake City
• Park City

Love the outdoors? More than 10 national parks and monuments are less than a day’s drive away, along with thousands of acres of national forest and wilderness areas:
• Arches
• Bryce Canyon
• Canyonlands
• Capitol Reef
• Dinosaur
• Grand Canyon
• Grand Staircase-Escalante
• Grand Teton
• Great Basin
• Yellowstone
• Zion

On the other hand, so is Las Vegas.

Ogden at a Glance
• Population: 82,825
• Elevation: 4,800 ft.
• Nickname: Junction City
• Ranked the 2nd most livable city in the U.S by Forbes (2010)
• Average January temp: 25° F
• Average July temp: 85° F

Don’t know how to ski?
Never gone rock climbing?
Take a class at WSU!
For more information, please contact

Valerie Herzog, EdD, LAT, ATC
Graduate Athletic Training Program Director
PHONE: 801-626-7656
FAX: 801-626-6228
E-MAIL: ValerieHerzog@weber.edu

Jerry & Vickie Moyes College of Education
Department of Health Promotion and Human Performance

Weber State University
2801 University Circle
Ogden, UT 84408-2801

weber.edu/athletictraining