What is Career Design?

- Emphasizes *creativity, innovation*, and *adaptability*.
- It is *OK* if we are still in the process of committing to a major or defining our career path.
- Career design is a *journey*, not a destination, and it is through this journey that we discover authentic career paths.
The Career Design Guide

I – START WHERE YOU ARE
(career decision-making is a journey)

II – CHALLENGE YOUR LIMITING BELIEFS
("reframing")

III – BE CURIOUS
(ask questions and explore)

IV – COLLABORATE
(involve others in your career planning)

V – TEST YOUR CAREER IDEAS
("prototyping")

Start where you are
What is the next step in your career design journey?

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Career Myth Busting!

Go to www.kahoot.it

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Good decisions begin with **good information**

**Helpful Online Major/Career Exploration Resources**

- **WSU Major Pages**: A great overview of all major and minor options at Weber State ([weber.edu/majors](weber.edu/majors))

- **My Next Move (ONET)**: A U.S. government sponsored resource containing career information on 900+ occupations ([MyNextMove.org](MyNextMove.org))

- **Occupational Outlook Handbook**: Contains more in-depth career information than the ONET but on fewer occupations ([bls.gov/ooh](bls.gov/ooh))

- **What can I do with this major?**: Industries and employer types that hire different majors ([weber.edu/careerservices/wcid](weber.edu/careerservices/wcid))
Career design is \textbf{most successful} when it involves others.
Other Ideas for Involving Others

Academic Advisors
Career Counselors
WSU Faculty & Mentors
Other WSU Students

Family, Friends, Neighbors
great for brainstorming

Working Professionals
in careers that interest you
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(“prototyping”)

Prototyping:
- Reduces risk
- Exposes assumptions
- Engages others
10 Fun Ways to Test Your Career Ideas

- Informational Interviews
- Get involved with clubs, organizations, leadership activities
- Take a university class
- Volunteer
- Job Shadow
- Part-time or summer jobs
- On-campus jobs
- Internships
- Undergraduate research projects
- Other High Impact Edu. Experiences (HIEEs)

Your Assignment: Pick One

1. Unsure of your career options?
   a. Take the Strong Interest Inventory Assessment

2. Have some ideas about careers?
   a. Do Career Research

3. Want more engagement?
   a. Get Involved in Clubs/Organizations

4. Need first-hand knowledge?
   a. Do an Informational Interview
References

- *Designing Your Life: How to Build a Well-Lived, Joyful Life* by Burnett & Evans, 2016
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  - DYL: In-Person DYL: DYL Spring Quarter 2022
  - Individual Modules and Materials: [Anchor Problems](#)
- Design: Image retrieved September 25, 2022
- Teamwork: Image retrieved September 24, 2022
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- Prototyping content retrieved in part from a [Designing Your Life blog](#) on September 25, 2022.
- Doors: Image retrieved September 25, 2022
- Woman jumping: Image retrieved September 25, 2022

THANK YOU!

Come Early, Come Often!

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[weber.joinhandshake.com](http://weber.joinhandshake.com)