Smile at five (5) random people within 24 hours of receiving this card. The other individuals must acknowledge and smile back.

Share this card with the 5th person who smiles back at you.

Share your experience online using:
#WSUCivilityQuest #CivilityIs
Introduce yourself to three (3) random people today.

A small conversation must take place.

Share this card with the 3rd person you greet.

Share your experience online using:
#WSUCivilityQuest    #CivilityIs
Hold doors open for people in front or behind you throughout the day.

10 people must acknowledge that you held the door for them.

Share this card with the 10th person who acknowledges you.

Share your experience online using:
#WSUCivilityQuest  #CivilityIs
Explain to someone what civility means to you.

Can be with someone you know.

Can I share with you what civility means to me?

Yes, please!

After you explain, share this card with that person.

Share your experience online using:
#WSUCivilityQuest    #CivilityIs
Lend a helping hand to someone in need.

Helping find a lost item, lifting a heavy object, etc.

Share this card with someone whom you lent a helping hand to.

Share your experience online using:
#WSUCivilityQuest #CivilityIs
Pick up 10 pieces of trash within your community.

Dispose of trash in appropriate community locations.

After the 10th piece, give this card to a random person nearby.

Share your experience online using:
#WSUCivilityQuest    #CivilityIs
Use “please” and “thank you” five (5) times when requesting services from others.

You must receive a response of “you’re welcome” back.

PLEASE
THANK YOU
YOU’RE WELCOME

Share this card with the 5th person who responds with “you’re welcome.”

Share your experience online using:
#WSUCivilityQuest #CivilityIs
Create a sign or chant that demonstrates an issue you are passionate about.

Share your message in an open space and speak civilly with someone about the issue.

After that conversation, share this card with them.

Share your experience online using:
#WSUCivilityQuest     #CivilityIs
Visit three (3) of your favorite spots in your community with someone you know.

*Share why those are your favorite spots with that person.*

*Share this card with that person after you visit your third spot.*

Share your experience online using: #WSUCivilityQuest #CivilityIs
Visit a nonprofit or local business in your community.

Learn about their mission or how they were founded.

Share this card with the next person who visits that location.

Share your experience online using:
#WSUCivilityQuest #CivilityIs
You can only use positive and kind words toward people and animals for 24 hours.

Be genuine, thoughtful and kind.

That was awesome!

Share this with someone after completion.

Share your experience online using:
#WSUCivilityQuest  #CivilityIs
Quest Card #12

Take one (1) minute to stop where you are and breathe in and out deeply.

Complete this three times.

1. Inhale: Nose   2. Exhale: Mouth

Share this card after your third deep breathing session.

Share your experience online using:
#WSUCivilityQuest   #CivilityIs
Rediscover silence. Visit a library, public garden or other place free of loud noises.

Do this alone or with someone who can share in the silence.

Afterwards, share this card with someone in a loud location.

Share your experience online using: #WSUCivilityQuest #CivilityIs
Go 24 hours without complaining. This includes large and small situations.

Find a solution or positive outcome to the situation instead.

OMG  WTF  SMH
Whatever!  IDC
This sucks!

Share this card with a random person or someone you know.

Share your experience online using:
#WSUCivilityQuest  #CivilityIs
Plant a flower in a community garden or at home.

Learn how that flower positively impacts that local environment.

Afterwards, share this card with a complete stranger.

Share your experience online using: #WSUCivilityQuest #CivilityIs
Create something that is animal-friendly at home or in the community.

This can be a water station, bird feeder, scratching post, etc.

Share this card with a friend.

Share your experience online using: 
#WSUCivilityQuest #CivilityIs
Write a letter or email then send it to your local city representative.

Your letter must include how civility will improve the community.

Send this card with your letter or email.

Share your experience online using: #WSUCivilityQuest #CivilityIs
Quest Card

Leave a kind, positive note for someone to find later.

Can be in a restaurant, business, library, on a car, etc.

Leave this card with your note.

Share your experience online using:
#WSUCivilityQuest  #CivilityIs
Quest Card #19

Have a one-hour conversation with someone you know without technology.  
This includes: phone, computer, smart watch, television, etc.

Share this card with that person after your conversation.

Share your experience online using:  
#WSUCivilityQuest  #CivilityIs
Visit a spot in your community you have not been to before. 

Must be in the city you live in.

Put this card in a visible spot for the next person to find.

Share your experience online using:
#WSUCivilityQuest #CivilityIs