

Amanda Sowerby

Associate Dean and Professor of Dance  
Weber State University  
Lindquist College of Arts & Humanities  
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### Credentials

Master of Fine Arts, Modern Dance, The University of Utah (2001)  
Bachelor of Fine Arts, Modern Dance, California Institute of the Arts (1990)  
Bachelor of Fine Arts candidate, Dance, Boston Conservatory (1986-1988)

### Academic Appointments

Associate Dean, WSU Lindquist College of Arts and Humanities. (2018-present)  
Interim Chair, WSU Department of Performing Arts (10/2020-present)  
Interim Dean, WSU Lindquist College of Arts and Humanities. (06/2020-12/2020)  
Professor, Department of Performing Arts. (2017-present)  
Associate Professor, Weber State University, (2012-2017)  
Assistant Professor, Department of Performing Arts. (2006-2012)  
Adjunct Faculty, Weber State University 2001-2005  
Adjunct Faculty, University of Utah, 2000

### Research Papers, Posters, and Presentations

Sowerby, A. *The Preparation and Practical Application of Anatomical and Kinesiological Concepts Embedded within the Undergraduate Ballet Technique Class.*  
International Association of Dance Medicine & Science (2021)  
Dance Science and Somatic Educator Conference. Hosted by Central Washington University.  
(2021)

Sowerby, A. *quaran(teen): a dance film.* Screened at the World Dance Alliance Americas Assembly. (2021)

Sowerby, A. and Durham-Wall, M., *The Integration of E.M.P.A.T.H.Y as an Improvisational Tool for Understanding.* Poster presented at the National Dance Education Organization Annual Conference. (2020)

*Are We Engaged? A College-Level Inventory in Weber State University's College of Arts & Humanities,* eJournal of Public Affairs, 8(3), 53-57. With Christy Call, Alexander L. Lancaster, Becky Jo Gesteland, Kathleen "K" Stevenson, and Isabel Asensio. (2019)

Sowerby, A., Gesteland, B. J., Lancaster, A. L., Call, C., Stevenson, K., & Asensio, I. *Engaged College Research Project: Piloting a Rubric at Weber State University*. Poster presented at the Utah Campus Compact Engaged Faculty Retreat, Moab, UT. (2017)

Sowerby, A. *Democratic Values in Dance Education for the Developmentally Disabled Student*. Paper presented at the World Dance Alliance Global Summit. Memorial University. St. John's, Newfoundland, Canada. (2017)

Sowerby, A. *Concurrence: An Intermountain Exploration of Global Water Dance*. Presentation at the National Dance Education Organization's Annual Conference, Phoenix, AZ. (2015)

Dance and the Child International (daCi), Salt Lake City, UT. (2016)

*Community Cross-over Arts Panel*. Invited to participate in a panel discussing local arts integration strategies. American College Dance Association's Northwest Region Conference, University of Wyoming, Laramie, WY. (2016)

Sowerby, A. *Confluence; An Intermountain Exploration of Global Water Dances*. Utah Dance Education Organization News 5(1), 13. (2015)

Sowerby, A. *Moving Company: A Model for Community Based Learning in Higher Education*. Utah Dance Education Organization News 3(5), 8-9. (2010)

Sowerby, A. *Research Review: Synchrony*. Utah Dance Education Organization News 3(1) 12-13. (2008)

*Telematic Dance; An Exploration in Higher Education*. With Todd Courage. Presented at the National Dance Education Organization's Annual Conference, Los Angeles, CA. (2012)

*Dance and Deaf Culture*. Movement workshop with Alysia Woodruff.

World Dance Alliance Global Assembly. New York City, NY. (2010)

National Dance Education Organization's Annual Conference. Phoenix, AZ. (2010)

*Synchrony: The Adolescent/Parent Collaboration Through Dance*. Movement workshop with Meghan Durham-Wall.

National Dance Education Organization's Annual Conference, Towson University. Towson, MD. (2007)

Utah Dance Education's Fall Conference, Weber State University: Ogden, UT. (2007)

*Umbra: Dance and the Video Landscape*. The University of Utah, Master of Fine Arts Thesis. (2001)

Choreographic/Production Research

*As above so below.* A choreographic work with live projection, set on and performed by Weber State University's Moving Company dancers.  
Browning Center for the Performing Arts, Ogden, UT. (2021)

*FORM/Resonance.* Led an interdisciplinary collaboration with faculty and students from the Lindquist College of Arts & Humanities Sculpting, Music, and Projection Design programs. American College Dance Association's Northwest Region Conference, The University of Utah, Salt Lake City, UT. (2019)  
Browning Center for the Performing Arts, Ogden, UT. (2019)  
Browning Center for the Performing Arts, Ogden, UT. (2018)

*The Four Freedoms Project.* A two-year, interdisciplinary collaboration led by myself and Joanne Lawrence. Focusing on dance and democracy, the project reached across Weber State University departments and colleges to bring meaningful, cross-curricular educational experiences to students and community members. Inspired by President Roosevelt's 1941 State of the Union address, wherein he called for the freedom of speech, freedom of worship, freedom from want, and freedom from fear. We commissioned four works from professional choreographers to be presented as *The Four Freedoms Suite*.

*The Four Freedom's Project* workshops for area high school students, (2017)  
*The Four Freedoms Suite*, Browning Center for the Performing Arts, Ogden, UT. (2017)  
Sensory Friendly Performance for children with disabilities (2017)  
*The Four Freedom's Project* Panel Discussion with Utah Justice Christine Durham, Carol McNamara, Meghan Durham-Wall, moderated by Dr. Leah Murray, (2017)  
*The Four Freedoms Suite*, Browning Center for the Performing Arts, Ogden, UT. (2016)  
*The Four Freedoms Project* student poster presentation, Utah Dance Education Organization's Fall Conference, Utah Valley University, Orem, UT. (2016)  
Sensory Friendly Performance for children with disabilities (2016)  
*The Four Freedom's Project* Panel Discussion with Dr. Michael Vaughan, Joanne Lawrence, Dr. Leah Murray, moderated by Christine Denniston. (2016)  
*The Four Freedoms Suite*, American College Dance Association Regional Conference, University of WY. (2016)  
*The Four Freedoms Suite*, Browning Center for the Performing Arts, Ogden, UT. (2015)  
Nurture the Creative Mind Workshop Teen Workshop (2015)  
Youth Impact after-school workshops (2015)

*Viridescent.* Choreographic collaboration with Joanne Lawrence to original oboe composition by Dr. Thomas Priest.  
American College Dance Association's Northwest Region Conference, University of WY, Laramie, WY. (2016)

Browning Center's Allred Theater, Ogden, UT. (2015)

*Art Demarcated; Creativity for Confined Spaces.* Salty Creative Studio. I co-produced and was the technical director for the dance, music, and spoken word event. Ogden, UT. (2016)

*Accumulative Error.* Collaboration with San Francisco-based choreographer Todd Courage investigating the use of text to generate unique movement interpretation in participants. Documented in San Francisco, CA, Ogden, UT, Bismarck, ND, London, England, and Mozambique. (2015)

*Global Water Dances.* Choreographed and participated in the worldwide event. Memory Grove Park. Salt Lake City, UT. (2015)

*Error Duet.* Choreographic collaboration with Meghan Durham-Wall exploring movement text generated from *Accumulative Error* (Courage and Sowerby). Performed for Gerta Wiemer and Friends: Modern Chamber Music with Various Guests. Allred Theater, Ogden, UT. (2015)

Dance Mission Theatre

Organized and facilitated a performance tour of Weber State University dancers. In addition, I guided students in the fundraising, grant writing, and self-production process of their original choreographic works.

San Francisco, CA. (2013)

*Windows to Bach.* A collaboration with the Weber State University piano program, initiated by Dr. Yu-Jane Yang with Dr. Ralph Van der Beek and Dr. Carey Campbell. An exploration of Bach's *French Suite*, accompanied by my reconstruction of French noble dances.

Utah Music Teachers Association's conference in Salt Lake City, March (2012)

Music Teachers National Association conference in Anaheim, CA, March (2013)

Browning Center for the Arts, Ogden UT. (2011)

*Dances of the Western Migration.* With Michael Hamblin.

Allred Theater. Ogden, UT. April 2013.

*Of Myth and Mud.* Devised choreography for the play written by Sarah Saltwick and directed by Dr. Jennifer Kokai. Allred Theater, Ogden, UT. (2013)

*Relative State.* Allred Theater, Ogden, UT. (2012)

*Apophenia* (Screen Dance)

Allred Theater, Ogden, UT. (2012)

*Eye/m Area 4.* A Telematic Dance Performance presented live from San Francisco, CA, and Ogden, UT. With Todd Courage.  
Allred Theater, Ogden, UT. (2011)

*Surveillance.* Eccles Theater, Ogden, UT. (2010)

*Tell Her You Saw Me.* A Benefit for the Adrian Maxson Scholarship Fund, Allred Theater, Ogden, UT. (2010)

*Winter Haiku*

World Dance Alliance Global Assembly, Dance Theater Workshop, New York City (2010)

An Evening of Dance; Moving Company and the Utah School for the Deaf and Blind, Austad Auditorium, Ogden, UT. (2010)

Deaf Women's Conference, Sanderson Community Center for the Deaf, Taylorsville, UT. (2010)

Orchesis Dance Theater's Spring Concert, Allred Theater (2010)

Creative Arts Academy, Bountiful, UT. (2010)

Ben Lomond High School, Ogden, UT. (2010)

American College Dance Festival, Northwest Region, Allred Theater, Ogden, UT. (2010)

Orchesis Dance Theatre, Allred Theater, Ogden, UT. (2009)

*Les Papillons*

Devised choreography for Karen Brustle's opera suite. Allred Theater, Ogden, UT. (2008)

Performing Arts Faculty Concert, Eccles Theater, Ogden, UT. (2008)

*The Weight of Influence*

A Benefit for the Adrian Maxson Scholarship Fund, Austad Auditorium, Ogden, UT. (2008)

Repertory Dance Theater's *Charette*

First Place Winner. Salt Lake City, UT. (2008)

Contestant choreographer. Salt Lake City, UT. (2007)

*Memetic Drift*

Allred Theater, Ogden, UT. (2007)

*Observer's Paradox*

Ogden, UT. Allred Theater (2007)

Eccles Theater (2006)

*If the Shoe Fits*

Allred Theater, Ogden, UT. (2006)

*Airium*

Allred Theater, Ogden, UT. (2006)

American College Dance Festival Northwest Region. University of Wyoming, Laramie, WY. (2006)

Sapporo Dance Festival, Sapporo, Japan. (2006)

Hakodate Ballet Academy's 50th Anniversary, Sapporo, Japan. (2006)

Suel (e): An Evening Of Solo Works. Rose Wagner Center for the Performing Arts: Salt Lake City, UT. (2001)

Dance Mission. Airfix 1: San Francisco, CA. (2001)

The University of Utah. Salt Lake City, UT. (2000)

Shepard Union Re-opening: Choreographed dance presentation for the opening ceremony of the renovated Weber State University Shepard Union Building. (2007)

Reed K. Swenson/Stromberg Gymnasium Re-opening: Choreographed opening ceremony dance tribute for the Weber State University Reed K. Swenson/Stromberg Complex Gymnasium dedication. (2006)

*Maxwell's Demon*

Suel (e): An Evening Of Solo Works. Rose Wagner Center for the Performing Arts: Salt Lake City, UT. (2001)

The University of Utah. Salt Lake City, UT. (1999)

Rhythm and Motion, Inc. A Benefit for the Parachute Fund. Transmission Theater, San Francisco, CA. (1995)

This Urbana: Theater Artaud, San Francisco, CA. (1995)

This, Studio 4: San Francisco, CA. (1994)

*Semplice*

San Jose Dance Theatre School: San Jose Museum of Art, San Jose, CA. (1998)

San Jose Dance Theatre School: Mayer Theater, San Jose, CA. (1998)

*Play Ball*

San Jose Dance Theatre School: Mayer Theater, San Jose, CA. (1998)

*Duet*

Illuminated Media: San Francisco, CA. (1996)

*Zephyr*

This Urbana: Theater Artaud, San Francisco, CA. (1995)

*Hammer*

Kommotion International: San Francisco, CA. (1994)

Diesel Cathedral, San Francisco, CA. (1994)

Teaching

Weber State University courses (2001-present)

Introduction to Dance

Ballet (all levels)

Modern (all levels)

Jazz (all levels)

Dance Kinesiology

Choreography I

Choreography Practicum

Senior Synthesis

Dance and Digital Technology (all levels)

Dance Improvisation

Moving Company

Orchesis; Rehearsal and Performance Director

Teaching Creative Dance for Elementary School

Techniques and Materials for Teaching Modern Dance

Dance Education Field Experience

Pilates Mat and Reformer

University Honors Program- *A History of the Dancing Body on Film:  
The Prudes, The Tramps, and The Rebels*

Workshops Related to Discipline

Elementary Integration Arts Methods EDU4345 (2013, 2014)

Music for Elementary Teachers MUSC3824, (2013, 2014)

Planning Creative Experiences CHF 2620, (2008)

Teaching Music in the Elementary Schools MUSC 3810, (2006, 2007,2008)

Certification

Red Cross CPR/AED certification (2021)

Pilates Reformer: Intermountain Pilates Center, Stott Certification, SLC, UT. (2009)

Awards

Office of Undergraduate Research Faculty Mentor Award (2017)

Exemplary Collaboration Award: Dance Program participation with the Children's Adaptive Physical Education Society (2016)

John A. and Telitha E. Lindquist Faculty Fellowship for Creative and Artistic Endeavors: Global Water Dances composition (2015)

Hemingway Collaborative Award: in collaboration with Joanne L. Lawrence (dance) and Dr. Leah Murray (political science) for the Four Freedoms Project. (2017)

Woman of Warmth Award: WSU Women's Center (2014)

Weber State University Academic Service

Associate Dean, Lindquist College of Arts & Humanities (2018-present)

Interim Chair, Department of Performing Arts (2021)

Interim Dean, Lindquist College of Arts & Humanities (2020)

University Scholarship Committee, chair. (2020-present)

Department of Performing Arts Professional Development Travel Committee, chair (2019)

University Engagement Subcommittee (2018-2021)

University Planning Committee (2017-2021)

Val Browning Center/Department of Performing Arts Steering Committee, member (2018-present)

Ranking, Tenure and Evaluation Committee, member (2017)

Lindquist College Content Education Coordination Committee, member (2017)

Student Fees Recommendation Committee, faculty member (2017)

General Education Creative Arts Subcommittee, chair (2017)

Global Center for Community Engagement Learning Committee, member (2017)

Arts Learning Collaborative Advisory Committee, Dance representative (2014-present)

Beverly Taylor Sorenson Endowed Chair Committee, member (2013)

Faculty Senate, College Arts & Humanities Representative (2012-2013)

Undergraduate Research Committee, member (2011)

BA/BS Implementation Ad Hoc Committee, member (2010-2011)

National Council on Undergraduate Research/WSU Steering Committee (2010)

Faculty Search Committee, a member on various faculty and staff search committees (2011-present))

Applied Resources and Computer Committee, member (2012-2013)

Peer Review Committees, Member (2007-2017)

Community-Based Learning Curriculum Committee, member (2010-2012)

Bachelor of Arts/Bachelor of Science Implementation Ad Hoc Committee, member (2010-2011)

Teacher Education Program Assessment Committee, member (2010-2011)

College of Arts & Humanities Curriculum Committee, chair (2008-2010)

University Council on Teacher Education/Arts and Humanities Co-representative (2007-2010)

WSU Holocaust Commemoration Committee, chair (2008-2009)

Alan E. and Jeanne N. Hall Endowment Committee, member (2007-2008)

WSU Department of Performing Arts Travel Committee, chair (2008-2009)

WSU College Curriculum Committee, member (2007-2008)

WSU Holocaust Commemoration Committee, co-chair (2007-2008)

Bachelor of Arts and Bachelor of Science in Dance Education for Weber State University

Department of Performing Arts Dance Program. Created and implemented degree (2008)

Admissions Interviews for the WSU College of Education (2006-2009)



Portfolio Reviews for pre-service teachers at the WSU College of Education. Assisted in conducting reviews. (2006-2015)

Department of Performing Arts Travel Committee, (2014, 2013, 2011, 2008, 2005, 2016-2017)

College of Arts & Humanities Scholarship Committee, member (2006)

Department of Performing Arts Scholarship Committee, member (2004, 2006, 2010, 2014)

### Professional Organizations and Service

International Association of Dance Medicine & Science, Weber State University Institutional Representative (2021-present)

Utah State Board of Education Competency-Based Endorsement Writing Team for Dance (2020-present)

National Honor Society of Dance Arts (collegiate); Faculty mentor and adjudicator (2018-2021)

The International Council of Fine Arts Deans, Weber State University Institutional Representative (2020-present)

World Dance Alliance. Member (2016-2018) (2010-2011)

Utah Dance Education Organization (UDEO): President, UDEO Board of Directors (2015-2018)

Higher Education Representative, UDEO Board of Directors (2007-2012)

National Dance Education Organization, member (2006-present)

American College Dance Festival Association, Weber State University Institutional Representative (2006-present)

Paradigm Dance Project, Co-founder, and president (1999-2004)

### Grant Funding Received

Academic Resources and Computing Grant: \$867 *Dancing with GoPro's* (2021)

*FORM/Resonance*: \$1,900 Research, Scholarship, and Professional Growth, \$1,170 Alan E. and Jeanne N. Hall Endowment for Community Outreach Funding, \$1,248 Lindquist Endowment for Creative Endeavors (2018-2019)

*Four Freedoms Project*: \$1,000 Research, Scholarship and Professional Growth (2017)

*Windows to Bach*: \$1,000 Research, Scholarship and Professional Growth (2013)

*Dances of the Western Migration*: \$1,350 Hemingway Collaborative Award (2012)

*Telematic Dance*: \$1,425 Research, Scholarship and Professional Growth (2010)

Academic Resources and Computing Grant: Dance technology support \$1,349 (2010)

Academic Resources and Computing Grant: Dance technology support \$3,847 (2008)

*Moving Company/World Dance Alliance*:

Research, Scholarship and Professional Growth \$1,377 (2010)

Alan E. and Jeanne N. Hall Endowment for Community Outreach Funding: \$1,450 (2009)  
*Moving Company*: Research, Scholarship and Professional Growth \$1,950 (2009)  
Hemingway faculty Grant \$744 (2007)

*Synchrony: The Adolescent/Parent Collaboration Through Dance*:

Alan E. and Jeanne N. Hall Endowment for Community Outreach Funding \$750 (2006)  
Alan E. and Jeanne N. Hall Endowment for Community Outreach Funding \$1,282 (2005)

#### Professionally Relevant Work

Paradigm Dance Project (PDP) Salt Lake City, UT: President and co-founder of the not-for-profit dance organization. (1999-2004)

*Access Dance* with VSA arts and Children's Dance Theater (2003, 2002)

Produced *Waltzing with Melancholy* at Rose Wagner Performing Arts Center (2003)

*Teacher's Workshop* with Big Brothers & Big Sisters and Easter Seals (2002)

Jackson Elementary After-School Program (2002)

Produced *Seul (e)* at Rose Wagner Performing Arts Center (2001)

Co-produced *Dancers with Day Jobs* at Rose Wagner Performing Arts Center (2001)

Produced *Clean Slate* at Rose Wagner Performing Arts Center (2001)

Choreography Project: faculty/students at Bryant Intermediate School (2001)

Dance Workshop for Hearing Impaired Children (2001)

After School Program for West High School (2000)

Dance Classes for Hearing Impaired Adults (2000)

Prime Movement. Dance classes for adults 40yrs & up, RDT Community School (1999-2004)

Lecture Demonstrations for Senior Citizens (2000)

Native American Youth Dance Seminar (2000)

Adults with Disabilities Dance Workshop (2000)

Master Dance Class at Shriner's Hospital (1999)

Children with Disabilities Creative Dance Classes (1998-2001)

At-Risk Youth Summer Dance Workshop (1998-2000)

#### Paradigm Dance Project Grants Received

Herbert I. and Elsa B. Michael Foundation Grant \$5,000 (2003)

National Endowment for the Arts -Education Grant \$10,000 (2002)

George S. and Dolores Dore Eccles Foundation Grant \$7,500 (2002)

#### Professional Performances As Dancer

Repertory Dance Theatre's presentation of Martha Graham's *Diversion of Angels*. Capital Theater Salt Lake City, UT. (2000)

*Words in Transit (an experiment in dance, music, video, and poetry)*

Presented by Borrowed Walls. Reservoir Park, Salt Lake City, UT. (1999)

*Una Vengaza and Natural Selections* El Ballet Nacional Chileno and Gary Palmer Dance Company. San Jose Repertory Theater, San Jose, CA. (1998)

*Puirt a Beul and Surveillance.* Choreography by Enrico Labayen. LAB, Projekt Group-USA Brady St. Dance Center, San Francisco, CA. (1997)

*Blue Lizard Highway.* El Ballet Nacional Peru and the Gary Palmer Dance Company Montgomery Theater, San Jose, CA. (1997)

Solo excerpt from *Blue Lizard Highway.* Vespers Society, honoring the Mayor of San Salvador, El Salvador, highlighting cross-cultural arts integration. (1997)

*Mad Jigs and Broken Shadows.* Gary Palmer Dance Company Montgomery Theater, San Jose, CA.(1996)

Danza Nueva VIII Festival Internacional de Lima Lima, Peru  
*Mad Jigs and Broken Shadows* Gary Palmer Dance Company (1996)

*A Study for Amanda.* Choreography by Todd Courage. A Choreographers Forum San Francisco Dance Theater, San Francisco, CA.(1994)

*Trilogy.* Gary Palmer Dance Company Smithwick Theater, Los Altos Hills, CA. (1994)

*Divertimento.* Gary Palmer Dance Company Center for the Performing Arts, Mountain View, CA. (1993)

*Suitcases and Strangers.* Gary Palmer Dance Company Center for the Performing Arts, Mountain View, CA. (1992)

*Saffron.* California Contemporary Dancers Theater Artaud and Fort Mason Theater, San Francisco, CA. Choreography by Yasmin Mehta (1990-1991)

*The Revolutionary Nutcracker Sweetie.* Dance Brigade Scottish Rite Theater, Oakland, CA. (1990)

Dance Outreach as Education for Weber State University Dance Students

Boys and Girls Club of Weber-Davis, Ogden, UT. (2018-2019)

Your Community Connection Ogden, UT. (2015)

Nurture the Creative Mind Ogden, UT. (2015)

Youth Impact Ogden, UT. (2015)

Northern Utah High School Dance Annual Festival (2013-present)

Utah School for the Deaf and Blind's Deaf Education program. Ogden, UT. (2012)

Sanderson Community Center for the Deaf. Salt Lake City, UT. (2010)

Creative Arts Academy, Bountiful, UT. (2009,2010, 2014, 2018)

Developmental Technology Systems Incorporated. DTSI serves adults with multiple physical and intellectual disabilities. Ogden, UT. (2007)

Your Community Connection (YCC). I led weekly dance classes for women and children residing in shelters. (2015)

California Bay Area Community Teaching Artist (1993-1998)

San Jose Dance Theatre School, San Jose, CA.

Grant Elementary School, San Jose, CA.

The Children's Shelter San Jose, CA.,

Pine Hill School, San Jose, CA.

Rhythm and Motion Inc. San Francisco, CA.

Adolescent Residential Center (ARC) San Jose, CA.

Ming Quong Residential Center, San Jose, CA. Taught

Rainbow Day Camp, San Jose, CA.

Creative Dance workshop for Girl Scouts. San Jose, CA.

Agnew's Developmental Center San Jose, CA.