

Mandy Kirkham

EDUCATION

University of Utah – 2018

Degree: Ph.D. Exercise and Sport Science

Concentration Area: Sport Pedagogy

Cognate: Sport Psychology

Honors: Higher Education Teaching Specialist (HETS)

Concordia University Irvine – 2013

Degree: M.A.

Major: Coaching and Athletic Administration

Brigham Young University Hawaii – 2005

Degree: B.S. Exercise and Sport Science – April 2005

Teacher Certification, Physical Education (K – 12) – December 2005

Cum Laude

Treasure Valley Community College – 2003

Degree: A.A. General studies

TEACHING EXPERIENCE

Academic Positions

2018 – present	Assistant Professor, Physical Education Department of Health, Physical Education and Recreation Weber State University, Ogden, UT
2016 – 2018	Graduate Student, Instructor Department of Exercise and Sport Science University of Utah, Salt Lake City, UT
2013 – 2014	Research Assistant Department of Exercise and Sport Science University of Utah, Salt Lake City, UT

Public / Private School / Charter School Teaching / Coaching

2016 – 2018	Lead Athletic Performance Coach (K – 7 th grade) Athlos Academy of Utah Herriman, UT
2017	Middle School Girls' Basketball Coach Athlos Academy of Utah Herriman, UT
2014 – 2016	Lower School / Beginning School Physical Education Teacher Rowland Hall Salt Lake City, UT
2014	Assistant Upper School Softball Coach Rowland Hall Salt Lake City, UT
2013 – 2014	Director of Physical Activity (K – 6 th grade) Whitesides Elementary Layton, UT
2011 – 2013	Elementary Physical Education Teacher (K – 6 th grade) Granite School District Salt Lake City, UT
2007 – 2011	Elementary Physical Education (PreK – 5 th) and Health Teacher (1 st – 5 th) Meridian School District Meridian, ID
2009 – 2011	Head Junior Varsity Softball Coach Mountain View High School Meridian, ID
2007 – 2011	Translator, Spanish Meridian School District Meridian, ID

COURSES TAUGHT

Weber State University

- PEP 2500: Sport Pedagogy (Spring 2021)
- PEP 2700: Sociohistoric Aspects of Sport (Spring 2019, Spring 2020, Spring 2021)
- PEP 3290: Methods of Teaching Fitness for Life (Fall 2018, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Sum 2022, Fall 2022, Spring 2023)

- PEP 3520: Curriculum and Assessment (Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Fall 2022, Spring 2023)
- PEP 3520(L): Curriculum and Assessment lab (Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Fall 2022, Spring 2023)
- PEP 3630: Methods of Teaching Elementary Physical Education (Fall 2018, Fall 2019, Fall 2020, Fall 2021, Fall 2022)
- PEP 4700: Methods of Teaching Junior High Physical Education (Fall 2018, Fall 2019, Fall 2020, Fall 2021, Fall 2022)
- PEP 4710: Methods of Teaching High School Physical Education (Spring 2019, Spring 2020, Spring 2021, Spring 2023)
- PEP 4830: Direct Readings (Spring 2020)
- PEP 4940 A/B: Field Experience, Student Teaching (Spring 2020, Fall 2020, Spring 2021, Fall 2021, Fall 2022)
- PE 1040: Walking for Fitness, Level I (Sum 2020, Sum 2021, Sum 2022, Fall 2022)
- PE 1041: Walking for Fitness, Level II (Sum 2020, Sum 2021, Sum 2022, Fall 2022)
- PE 1042: Walking for Fitness, Level III (Sum 2020, Sum 2021, Sum 2022)
- PE 1070: Cross Training for Fitness, Level I (Fall 2018, Spring 2019, Fall 2019, Sum 2020, Fall 2020, Sum 2021, Sum 2022, Fall 2022)
- PE 1071: Cross Training for Fitness, Level II (Fall 2018, Spring 2019, Fall 2019, Sum 2020, Fall 2020, Sum 2021, Sum 2022, Fall 2022)
- PE 1072: Cross Training for Fitness, Level III (Fall 2018, Spring 2019, Fall 2019, Sum 2020, Sum 2021, Sum 2022, Fall 2022)

University of Utah

- ESS 6101: Health Related Fitness, TA (Fall 2014)
- KINES 6103: Teaching Educational Dance and Gymnastics (Spring 2017)
- KINES 6106: Interdisciplinary Teaching in Physical Education (Fall 2017)
- ESS 6108: Supervision in PE (Spring 2016)
- KINES 6109: Assessment in Physical Education (Spring 2018)

PUBLICATIONS

Kirkham-King, M., Brusseau, T. A, Burns, R. D., Castelli, D. M., Hilton, K. & Hannon, J. C. (2019). Effects goal setting has on children's cardiorespiratory fitness. *International Journal of Physical Education*, 56, 3, 9 – 20.

Kirkham-King, M., Brusseau, T. A, Burns, R. D., Castelli, D. M., Hilton, K. & Hannon, J. C. (Manuscript in review, May 2019). Effect of goal setting on step counts and enjoyment during physical education class. *Physical Education and Sport Pedagogy*.

Kirkham-King, M., Brusseau, T. A, Hannon, J. C., Castelli, D. M., Hilton, K., Burns, R. D. (2017). Elementary physical education: A focus on fitness activities and smaller class sizes are associated with higher levels of physical activity. *Preventive Medicine Reports*, 8, 135-139.
<https://doi.org/10.1016/j.pmedr.2017.09.007>

PEER REVIEWED ABSTRACTS

Goh, T. L., Marvin, D., Fu, Y., Harveson, A. T., **King, M. K.**, Hannon, J. C., & Brusseau, T. A. (2015). Children's On-Task Behavior following a Classroom-based PA Intervention. *Research Quarterly for Exercise and Sport*, 86, A70. <https://doi.org/10.1080/02701367.2015.1075340>

Larson, J., Hannon, J. C., Brusseau, T. A., Fairclough, S., Newton, M., Wengreen, H., Hall, A., & **King, M. K.** (2015). Effects of peer modeling and goal setting on children's physical activity. *Research Quarterly for Exercise and Sport*, 86, A78. <https://doi.org/10.1080/02701367.2015.1075340>

RESEARCH IN PROGRESS

Butts, C., Zimmerman, R., **Kirkham, M.**, Aguilar-Alvarez, D., Joyner, D. (Data collection in progress. Delayed due to COVID-19). Evaluation of Hydration and Health Behaviors in Local Teachers. (Recipients of the Hemingway Collaborative Research Award, April 2019).

PROFESSIONAL PRESENTATIONS

Regional

King, M.K., Jensen, J., Meyer, L., Bachman, H. (June 2018). Southwest / Northwest SHAPE America conference. Integrating core subjects into PE.

State

Brewer, P. & **Kirkham, M.** (June 2022). SHAPE Utah. How Vision Affects Your Student's Success in the Gym, Classroom and on the Field.

Kirkham-King, M. (June 2019). Healthy Bodies = Healthy Minds. Stacking and Jumping.

Kirkham-King, M., Perkes, B., & Wiesenberg, S. (February 2019). Choices: Have Fun, Be Safe, Live Healthy. Standards Based Grading.

Kirkham-King, M. (February 2019). Choices: Have Fun, Be Safe, Live Healthy. Integrating Physical Education.

King, M.K. (June 2018). Healthy Body = Healthy Mind Conference. Incorporating movement into the classroom.

King, M. K., Grosh, J. A., Miller, H. N. (March 2016). 3's the Magic Number. Active session presented at the Utah AHPERD Annual Meeting, Ogden, UT.

King, M. K. & Larson, J. (March, 2014). Recess Ideas: Using semi-structured activities. Active session presented at the Utah AHPERD Annual Meeting, Salt Lake City, UT.

Local

King, M. K. (August, 2015). Using Technology in PE. Presentation at the Granite School District, Salt Lake City, UT.

CONFERENCES ATTENDED

National

2020 – Salt Lake City, UT (SHAPE America, cancelled because of COVID-19)
 2018 – Salt Lake City, UT (PETE / HETE SHAPE America)
 2016 – Minneapolis, MN (SHAPE America)
 2014 – St. Louis, MO (SHAPE America)

Regional

2018 – Boise, Idaho (SHAPE America)

State

2022 – Layton, UT (SHAPE Utah)
 2019 – Layton, UT (Healthy Bodies = Healthy Minds)
 2019 – Layton, UT (Choices / SHAPE Utah)
 2018 – Layton, UT (Healthy Bodies = Healthy Minds)
 2018 – Layton, UT (Choices / SHAPE Utah)
 2016 – Ogden, UT (SHAPE Utah / UAHPERD)
 2015 – Park City, UT (SHAPE Utah / UAHPERD)
 2015 – Layton, UT (Healthy Bodies = Healthy Minds)
 2015 – Salt Lake City, UT (SPARK)
 2014 – Salt Lake City, UT (SHAPE Utah / UAHPERD)
 2009 – Pocatello, ID (Idaho AHPERD)

MANUSCRIPTS REVIEWED

Reviewed a manuscript for Sustainability journal (IF, 2.576), January 2021
 Reviewed a manuscript for SAGE Open (IF 0.715), January 2021
 Reviewed two manuscripts BMC Public Health (May 2020 and August 2020)
 SHAPE America – Research Abstract Review (July – August 2016; July – August 2017)
 Reviewed a manuscript for Preventive Medicine (September 2016)

SERVICE

University

Student Due Process Hearing Committee (2019 – present)
 University Council on Teacher Education (March 2019 – October 2021)
 University Scholarship Committee (July 2018 – June 2021)
 Employee Wellness Ambassador (December 2020 – April 2021)
 University Faculty Library Advisory Committee (April 2019 – October 2020)

College

IRB committee (Fall 2022 – present)

College Success Team Committee (February 2020 – present)

Faculty coach / mentor (Fall 2020 – Jan 2021)

Department

Committee chair for HPER study abroad program (November 2019 – Aug 2022)

Program

PEP program director (July 2020 – present)

Bachelor of Integrated Studies coordinator (August 2020 – present)

PEP apparel / swag manager (September 2019 – present)

Peer Review Committee chair and member for Dr. James Zagrodnik (Fall 2020 – Spring 2021)

Peer Review Committee for Dr. Ryan Zimmerman (Fall 2019 – Spring 2020)

Community

Field day for Shadow Valley Elementary (December 2018, December 2019, December 2022)

WSU Charter Academy Kindergarten Physical Education Instruction (October 2019, November 2022)

National

Local arrangements committee for SHAPE America conference in 2020 (February 2019 – April 2020)

Activity Equipment co-chair for SHAPE America conference in 2020 (February 2019 – April 2020)

Regional

Southern District Teacher of the Year Selection Committee for Shape America (2020)

Board Member for the Western District of SHAPE America (2018 – 2020)

Board Member for Southwest District Shape – Member-at-Large (2017)

Board Member for Southwest District Shape – Future Professional (2016)

State

Board Member for SHAPE Utah (2017 – August 2022)

Planning committee for the CHOICES conference (2018 – August 2022)

Competency based endorsement design team for the Utah State Board of Education (June 2020 to November 2021)

Planning committee for the Healthy Bodies and Healthy Minds Conference (2018 – 2019)

Elementary Physical Education SHAPE Utah Board Member (March 2016 to 2017)

Assisted in writing the introduction for the Utah PE standards (2015)

Assisted in rewriting the Utah PE standards (2013 – 2014)

Assisted in rewriting the Meridian School District PE curriculum (2009)

PROFESSIONAL MEMBERSHIP

Society for Health and Physical Education (SHAPE America / AAHPERD) (2014 – present)
Society of Health and Physical Education Utah (SHAPE Utah / UAHPERD) (2014 – present)

AWARDS / HONORS / CERTIFICATIONS

Utah State Teacher Certification – Physical Education K – 12 (2011 – present)
Idaho State Teacher Certification – Physical Education K – 12 (2007 – present)
UAHPERD Elementary PE Teacher of the Year (April 2014)
Hemingway Collaborative Award - \$6,194.57 “Evaluation of Hydration and Health. (April 2019)
Everyday Leader awarded by Weber State University Student Involvement and Leadership
(April 2019)