

Welcome to Weber State University

We're excited to present the 2015 Intermountain Student Outdoor Leadership Seminar, an awesome learning and networking experience built by student outdoor leaders for student outdoor leaders! Thank you for being a part of this year's seminar and helping us continue this vision.

A special thanks to outdoor lab facilitators and workshop presenters who have prepared two days of training, education, and fun. We feel confident that everyone will be able to find a workshop and lab that suits their interests. We encourage all participants to be heavily engaged in asking questions, sharing personal insights, feedback, and to make connections with the like-minded people attending.

If you have any questions, comments, or feedback throughout the seminar, please feel free to talk to an ISOLS Staff Member who will be in WSU Outdoor Program Gray Shirts. The success of this seminar is owed to the support provided by university professionals, students, and staff. We also want to recognize our campus and community partners whose contributions added encouragement to the ISOLS vision.

ISOLS Leadership and Contributors

ISOLS Program Manager: Daniel Turner

Outdoor Recreation Program Professional Staff: Mike Henderson, Derek DeBruin

Student Volunteers and Staff: Dan Newman, Shi-anne Nalder, Billyjack Cundiff, Alex Marsden, Anthony Schryver, Morgan Hancock,

ISOLS Partners: WSU Outdoor Program, WSU Campus Recreation,

What is ISOLS?

ISOLS is a conference created and run by students, for students. Our mission in creating ISOLS is to bring together future outdoor leaders and provide them with an environment that promotes networking and an exchange of knowledge between peers from outside their own universities.

The Intermountain Student Outdoor Leadership Seminar began when Brian Wilkinson (University of Utah) returned from the International Conference on Outdoor Recreation and Education (ICORE) and decided the intermountain schools should create something that was more relevant to the students. His goal was to create a conference for the students, by the students that kept costs manageable so all students could be provided learning opportunities. From there he created the first ISOLS conference, which was hosted at the University of Utah. In the past it has been hosted at the National Outdoor Leadership School's (NOLS) headquarters in Lander, Wyoming. In 2013, with the reinstatement of ISOLS after a brief hiatus, there were 55 participants from 8 intermountain-west schools.

ISOLS General Information

SEMINAR NAMETAG

Each ISOLS attendee will receive a seminar nametag. The nametag is will enable access to all of the seminar dinners, events, activities, and workshops. It's a pretty good idea to keep track of it and to keep it on. NO NAMETAG=NO ACCESS.

INFORMATION DESK

For information throughout the conference during regular business hours, please contact the WSU Outdoor Program Rental Center 801-626-6373. For Emergencies after hours please call Daniel Turner 801-388-8469

ISOLS WELCOME

We'll kick off the seminar with the combined opening ceremony for the ISOLS conference, and The 8th Annual Ogden Climbing Festival at the Free Gear Demo Thursday April 9th at 5pm. (See Map)

PARKING

If you're staying on the WSU Campus, you will have access to free parking at the housing complex. If you are not staying on campus you must park in the WSU Outdoor Program parking lot located at Annex 9. All other campus parking is not free.

Housing

If you're staying here, breakfast will be on your own. There are a number of shops and restaurants in the immediate area. Please see your registration packet for exclusive offers and coupons. Linens, pillow, and towel will be provided for each guest. Parking will also be included in your housing package. You will be responsible for your room keys throughout the conference, each key has a replacement cost of \$150). If you have questions or concerns call the Outdoor Program Rental Center 801-626-6373. After hours please call Daniel Turner 801-388-8469

COMMUNITY (EXPEDITION) BEHAVIOR

ISOLS participants are expected to represent their universities in a professional manner. As such, Weber State University can rest assured that all seminar attendees will conduct themselves appropriately and professionally.

DRUGS AND ALCOHOL

No public consumption of alcohol is allowed while attending ISOLS. If you are of age and choose to drink when out and about in Ogden we hope you will be responsible and make good choices. Smoking is prohibited during all outdoor labs as well as inside all campus buildings and venues.

LEAVE NO TRACE!

Please use the recycling bins and trash cans available to you all over campus. Prepare and plan ahead and if you pack it into the backcountry then pack it out.

QUESTIONS?

Look for the ISOLS Volunteers. They will do their best to answer all of your seminar questions.

FOOD

Please review the following meal schedule.

Thursday Dinner and kick off to ISOLS/ Ogden Climbing Festival 6:30 p.m. - 7:30 p.m. (Provided): Light Dinner will be served at the OCF Free Gear Demo event at 6:30p.m. for the ISOLS / Ogden Climbing Festival. We will be kicking our three-day seminar off with good food and an opportunity to mingle with and get to know one another.

Friday, Saturday, and Sunday Breakfast 7:00 a.m. - 8:00 a.m. (On your own): Breakfasts are on your own during ISOLS. See the "Dinning on your own section."

Friday Lunch 12 p.m.-1:30 p.m. (Provided): Lunch will be served during our guest keynote presentation on Friday afternoon in the Student Union Building, Ball Room A.

Friday Dinner 4:00 p.m.-5:00 p.m. (On your own): Dinner will be on your own, however there will be food and beverage served at the OCF8 film social at GEAR:30 at 8:30 p.m.-11:00 p.m.

Saturday Lunch 12 p.m.-1:00 p.m. (provided): Lunch will be served in the Ogden Boulder Field as part of the Ogden Climbing Festival.

Saturday Dinner 8:00 p.m.-11:00 p.m.: At the Ogden Climbing Festival Bouldering Comp Pro Finals after party (provided): We will be meeting at the Front Climbing Club for the ISOLS/ Ogden Climbing Festival after party. Please refer to your campus map, or ask a volunteer how to get there! Dinner will be provided and alcoholic drinks will be available for purchase for those of age.

Dining On Your Own

There are numerous on-campus options available mostly located in the Shepherd Union Building, which is located directly north of the student housing complex. There are bus systems running from the WSU campus that can take you all over town if you wish. Nearby Smith's Marketplace is located at 4275 Harrison Boulevard. Feel free to ask your ISOLS volunteers if you need help with suggestions or directions!

ISOLS Schedule:

Thursday April 9th:

- **3-5 p.m.** Check-in and Registration at the WSU Outdoor Program 4022 Stadium Way, Ogden Utah 84408
 - Check-in, pick up your registration packet, and settle into your on campus housing.
- **5-9 p.m.** Welcome to ISOLS/ Ogden Climbing Festival Kickoff with a light dinner at the Ogden Climbing Festival Free Gear Demo.
 - Meet your hosts and have a chance to mingle with fellow attendees from different schools! (Don't be afraid to sit with someone you don't know).
 - Dinner will be served at 6:30 p.m. at the OCF Gear Demo Located at the Weber Rocks Climbing Wall.
- **9:30 p.m.** Gather around the Fire pit at the housing complex for a quiet evening.

Friday, April 10th:

- **7-8 a.m.** Breakfast on your own.
 - If you are staying on campus make sure to head to town for some breakfast before 8 AM.
- **8-8:30 a.m.** ISOLS Welcome
 - Meet at the Shepherd Union Ball Room A for the official ISOLS welcome.
- **8:30 - 9:30 a.m.** ISOLS Workshops session 1
- **10:00 – 12:00 p.m.** ISOLS Workshops Session 2
- **12:00 -1:30 p.m.** Lunch/ ISOLS Workshops Keynote Presentations

- **1:30- 2:30 p.m.** ISOLS Workshops Session 3
- **2:45- 3:45 p.m.** ISOLS Workshops Session 4
- **6:15- 6:30 p.m.** Catch the bus to Ogden High School for the Film Premier. Bus will leave promptly at 6:15pm from the WSU Outdoor Program (4022 Stadium way. Ogden Utah 84408). You are welcome to drive if you have your own vehicle.
- **6:00- 8:30 p.m.** The Ogden Premiere of the Jeff Lowe's Metanoia Film. (Ogden High School Auditorium, 2828 Harrison Blvd, Ogden, UT 84403)
- **9:00 - 9:15 p.m.** Catch the bus to GEAR:30 for the OCF8 Social. Bus will leave promptly at 9:00pm from Ogden High School to head to the COF8 Film Social. You are welcome to drive if you have your own vehicle.
- **8:30 - 11:00 p.m.** OCF8 Film Social at GEAR:30 (1931 Washington Blvd, Ogden, UT 84401).
An announcement will be made for the bus departure back to WSU as event ends.

Saturday, April 11th:

- **7-8:00 a.m.** Breakfast on your own
-If you are staying on Campus make sure to head to town for some breakfast before 8 a.m. See the Lodging and Hospitality Section for more food ideas.
- **8-12:00 p.m.** Outdoor Field Labs 1. Meet at the WSU Outdoor Program
-See details on Outdoor Field Labs presentations for more information.
- **12-1:00 p.m.** Free Lunch at the Ogden Boulder Field Ogden Climbing Festival Registration Table (1790 Lake St. Ogden Utah 84403). Be sure to pack plenty of water and snacks for the day.
- **1-4:00 p.m.** Outdoor Field Labs Session 2. Meet at the Ogden Boulder Field Ogden Climbing Festival Registration Table (1790 Lake St. Ogden Utah 84403).
- **4:00 p.m.** Catch the bus back from the Ogden Boulder Field to the University to clean up and get ready for climbing and the event after party.
- **4:45 p.m.** Bus will depart for the Front Climbing Club promptly at 4:45 p.m. from the WSU Outdoor Program (4022 Stadium way. Ogden Utah 84408). You are welcome to drive if you have your own vehicle.

- **5:00 - 8:00 p.m.** OCF8 Citizens bouldering Comp (225 20th St Ogden, UT 84401). If you are interested in climbing in the competition please pre-register at: <http://rockgymonline.com/gyms/any/comps/registration.php?loc=f8Jufh74HkTYTr>

- **7:30-9:00 p.m.** Finals for the Pro Open Category of the OCF8 Bouldering Comp.

 - Be ready for an amazing show along with food beverage, and tons of raffle prizes.

- **9:00-11:00 p.m.** ISOLS/ Ogden Climbing Festival After Party

 - The after party is our way of wrapping up two amazing events. An announcement will be made for the bus departure back to WSU as event ends.

Sunday, April 12th:

- **8:00-11:00 p.m.** Check out and departure.