# Trail Descriptions

<table>
<thead>
<tr>
<th>#</th>
<th>DEC</th>
<th>TRAIL NAME</th>
<th>LENGTH</th>
<th>ELEVATION</th>
<th>DIRECTIONS</th>
<th>SURFACE</th>
<th>TRAILHEAD</th>
<th>Recommended Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>20</td>
<td>Salt Lake Trail</td>
<td>7 miles, easy</td>
<td>6,300 ft</td>
<td>Easy, North Fork of Provo River</td>
<td>Rock</td>
<td>North Fork Provo River</td>
<td>Hiking, Fishing</td>
</tr>
<tr>
<td>2</td>
<td>60</td>
<td>South Fork Trail</td>
<td>5 miles, easy</td>
<td>5,500 ft</td>
<td>Easy, South Fork of Provo River</td>
<td>Rock</td>
<td>South Fork Provo River</td>
<td>Hiking, Fishing</td>
</tr>
<tr>
<td>3</td>
<td>10</td>
<td>American Fork Trail</td>
<td>4 miles, easy</td>
<td>6,000 ft</td>
<td>Easy, American Fork River</td>
<td>Rock</td>
<td>American Fork River</td>
<td>Hiking, Fishing</td>
</tr>
<tr>
<td>4</td>
<td>40</td>
<td>Provo River Trail</td>
<td>6 miles, easy</td>
<td>5,300 ft</td>
<td>Easy, Provo River</td>
<td>Rock</td>
<td>Provo River</td>
<td>Hiking, Fishing</td>
</tr>
<tr>
<td>5</td>
<td>80</td>
<td>Wasatch Trail</td>
<td>10 miles, easy</td>
<td>5,000 ft</td>
<td>Easy, Wasatch Mountains</td>
<td>Rock</td>
<td>Wasatch Mountains</td>
<td>Hiking, Fishing</td>
</tr>
</tbody>
</table>

**Trail Etiquette & Tips**
- **Leave No Trace**: Follow Leave No Trace principles to protect the environment and ensure the trail remains enjoyable for all users.
- **Stay on the Trail**: Stick to designated trails to avoid disturbing sensitive ecosystems and vegetation.
- **Respect Wildlife**: Keep a safe distance from all wildlife to avoid disturbing their natural behavior and to protect their habitat.
- **Be courteous to others**: Yield to others on the trail and respect personal space.

**Winter Sports**
- Cross-country skiing
- Snowshoeing

**Weather Conditions in Weber County**
- Be prepared for changing weather conditions and bring appropriate gear.
- Check local weather forecasts before heading out on the trails.

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**About the Map**
- The map was created by Mountain Projects, a non-profit organization dedicated to creating and maintaining trails in Weber County, Utah.
- The map is intended for use by hikers and outdoor enthusiasts.

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**Contact Information**
- For more information, contact the Weber County Tourism Office.
- Visit our website for detailed trail information and updates.

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**Sponsors**
- Utah Orthopaedics
- Weber Orthopaedics
- Mountain Projects

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**Outdoor Program**
- Providing the tools for adventure.

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**Weber-Morgan Health Department**
- Visit our website for health information and resources.

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**Utah Pathways**
- For more detailed maps, please visit our website.

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**Thanks to our Sponsors**
- Mountain Projects
- Weber County Tourism Office
- Utah Orthopaedics
- Weber Orthopaedics
- Mountain Projects

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**For whatever and wherever you play**
- Weber County is home to beautiful natural landscapes and outdoor activities.
- Whether you're hiking, fishing, or exploring the trails, Weber County offers something for everyone.

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**Donations to Weber Pathways**
- Your donations help maintain and improve the trails, keeping them accessible and enjoyable for all users.