

Welcome to Weber State University

We're excited to present the 2016 Intermountain Student Outdoor Leadership Seminar, an awesome learning and networking experience built by student outdoor leaders for student outdoor leaders! Thank you for being a part of this year's seminar and helping us continue this vision.

A special thanks to outdoor lab facilitators and workshop presenters who have prepared two days of training, education, and fun. We feel confident that everyone will be able to find a workshop and lab that suits their interests. We encourage all participants to be heavily engaged in asking questions, sharing personal insights, feedback, and to make connections with the like-minded people attending.

If you have any questions, comments, or feedback throughout the seminar, please feel free to talk to an ISOLS Staff Member who will be in WSU Outdoor Program Gray Shirts. The success of this seminar is owed to the support provided by university professionals, students, and staff. We also want to recognize our campus and community partners whose contributions added encouragement to the ISOLS vision.

ISOLS Leadership and Contributors

ISOLS Program Coordinator: Daniel Turner

Outdoor Program Professional Staff: Mike Henderson, Jamie Bernstein

Student Volunteers and Staff: Shanee Tebbs, Alex Marsden, Anthony Schryver, Olivia Santiago,

ISOLS Partners: WSU Outdoor Program, WSU Campus Recreation,

What is ISOLS?

ISOLS is a conference created and run by students, for students. Our mission in creating ISOLS is to bring together future outdoor leaders and provide them with an environment that promotes networking and an exchange of knowledge between peers from outside their own universities.

The Intermountain Student Outdoor Leadership Seminar began when Brian Wilkinson (University of Utah) returned from the International Conference on

Outdoor Recreation and Education (ICORE) and decided the intermountain schools should create something that was more relevant to the students. His goal was to create a conference for the students, by the students that kept costs manageable so all students could be provided learning opportunities. From there he created the first ISOLS conference, which was hosted at the University of Utah. In the past it has been hosted at the National Outdoor Leadership School's (NOLS) headquarters in Lander, Wyoming. In 2013, with the reinstatement of ISOLS after a brief hiatus, there were 55 participants from 8 intermountain-west schools.

ISOLS General Information

SEMINAR NAMETAG

Each ISOLS attendee will receive a seminar nametag. The nametag will enable access to all of the seminar dinners, events, activities, and workshops. It's a pretty good idea to keep track of it and to keep it on. NO NAMETAG=NO ACCESS.

INFORMATION DESK

For information throughout the conference during regular business hours, please contact the WSU Outdoor Program Rental Center 801-626-6373. For Emergencies after hours please call Daniel Turner 801-388-8469

ISOLS Registration

Official registration will take place at the WSU Outdoor Program from 3-5pm.

We are located at :

WSU Outdoor Program

4022 Stadium Way dept 3301

Ogden Utah 84408

- A) *If you arrive late between 6-9pm on Thursday April 7th please visit the: Ninja Warehouse, 3107 Wall Ave, Ogden, UT 84401*
- B) *If you arrive on Friday April 8th please visit the WSU Union Building ball room A*
- C) *If you arrive on Saturday April 9th please visit St. Joseph's high school, 1790 Lake St. Ogden Utah (Staging area for ISOLS/OCF9 Educational clinics)*

ISOLS WELCOME SOCIAL

We'll kick off the seminar with the opening ceremony for the ISOLS conference, and dinner Thursday April 7th at 6-9pm at the Ninja Warehouse, 3107 Wall Ave, Ogden, UT 84401

Bring your inner ninja (As seen on the popular TV show "American Ninja warrior")
Yes this place is pretty legit!

PARKING ON WSU CAMPUS

If you're parking on the WSU Campus, you will need to have a parking pass. Passes are available at registration. Be sure to ask for a pass if needed.

HOUSING

Be sure to lock in your rooms for your stay. Please visit the ISOLS Lodging and Travel web page for details. There are multiple hotels available in Ogden. If you have questions or concerns call the Outdoor Program Rental Center 801-626-6373. After hours please call Daniel Turner 801-388-8469.

COMMUNITY (EXPEDITION) BEHAVIOR

ISOLS participants are expected to represent their universities in a professional manner. As such, Weber State University can rest assured that all seminar attendees will conduct themselves appropriately and professionally.

DRUGS AND ALCOHOL

No public consumption of alcohol is allowed while attending ISOLS. If you are of age and choose to drink when out and about in Ogden we hope you will be responsible and make good choices. Smoking is prohibited during all outdoor labs as well as inside all campus buildings and venues.

LEAVE NO TRACE!

Please use the recycling bins and trash cans available to you all over campus. Prepare and plan ahead and if you pack it into the backcountry then pack it out.

QUESTIONS?

Look for the ISOLS Volunteers. They will do their best to answer all of your seminar questions.

FOOD

Please review the following meal schedule.

Thursday Dinner and kick off to ISOLS welcome social 6:00 p.m. - 9:00 p.m. (Provided): Pizza dinner will be served at the ISOLS Welcome Social. We will be kicking our three-day seminar off with good food and an opportunity to mingle with and get to know one another.

Friday, Saturday, and Sunday Breakfast 7:00 a.m. - 8:00 a.m. (On your own): Breakfasts are on your own during ISOLS. See the "Dinning on your own section."

Friday Lunch 12 p.m.-1:30 p.m. (Provided): Lunch will be served during our guest keynote presentation on Friday afternoon in the Student Union Building, Ball Room A.

Friday late Dinner Sonora Grill VIP social 9:00 p.m.-11:00 p.m. (Dinner is late so be sure to plan accordingly): Dinner be provided at the VIP Social after the Ogden Climbing Festival Keynote presentations.

Saturday Lunch 12 p.m.-1:00 p.m. (provided): Lunch will be served in the Ogden Boulder Field as part of the Ogden Climbing Festival.

Saturday Dinner 5:00 p.m.-11:00 p.m. (On your own) At the Ogden Climbing Festival Bouldering Comp Pro Finals/after party: We will be meeting at the Ogden Front Climbing Club for the ISOLS/ Ogden Climbing Festival after party. Please refer to your campus map, or ask a volunteer how to get there! Dinner will be available and alcoholic drinks will be available for purchase for those of age.

Dining On Your Own

There are numerous on-campus options available mostly located in the Shepherd Union Building, which is located directly north of the student housing complex. There are bus systems running from the WSU campus that can take you all over town if you wish. Nearby Smith's Marketplace is located at 4275 Harrison Boulevard. Feel free to ask your ISOLS volunteers if you need help with suggestions or directions!

ISOLS Schedule:

Thursday April 9th:

- **3-5 p.m.** Check-in and Registration at the WSU Outdoor Program 4022 Stadium Way, Ogden Utah 84408
 - Check-in, pick up your registration packet, and settle into your hotel.

- **6-9 p.m.** Welcome to ISOLS
 - Meet your hosts and have a chance to mingle with fellow attendees from different schools! (Don't be afraid to sit with someone you don't know).
 - Dinner will be served for ISOLS attendees at 6:30 p.m.
 - Location: Ninja Warehouse! Test your fitness and skill for the show "American Ninja Warrior" in a course designed and operated by one of the show's successful competitors at his personal training mecca!

- **9:30 p.m.** Night on the town. Hit Ogden's historic 25th st for an incredible evening (please be responsible)

Friday, April 8th:

- **7-8 a.m.** Breakfast on your own.
 - Make sure to head to town for some breakfast before 8 AM.

- **8-8:30 a.m.** ISOLS Welcome
 - Meet at the Shepherd Union Ball Room A for the official ISOLS welcome.

- **8:30 - 9:30 a.m.** ISOLS Workshops session 1
- **10:00 – 12:00 p.m.** ISOLS Workshops Session 2
- **12:00 -1:30 p.m.** Lunch/ISOLS Workshops Keynote Presentation from Mike Libeck.
 - **1:30- 2:30 p.m.** ISOLS Workshops Session 3
 - **2:45- 3:45 p.m.** ISOLS Workshops Session 4
- **6 p.m.** Doors open for the Petzl Ogden Climbing Festival Keynote Presentation (Shepherd Union Bldg Wildcat Theater)
- **7:00- 8:30 p.m.** The Petzl Ogden Climbing festival Keynote Mike libeck, and Alex Puccio.
- **9-11 p.m.** ISOLS/OCF9 VIP Social and Dinner with OCF9 Athletes. Sonora Grill (2310 Kiesel Ave, Ogden, UT 84401)

Saturday, April 11th:

- **6-7:30 a.m.** Breakfast on your own
 - Make sure to head to town for some breakfast before 8 a.m. See the Lodging and Hospitality Section for more food ideas.
- **8:00-12:00 p.m.** Outdoor Field Labs 1. Meet at the Ogden Boulder Field Ogden Climbing Festival Registration Table (1790 Lake St. Ogden Utah 84403)
 - See details on Outdoor Field Labs presentations for more information.
- **12-1:00 p.m.** Lunch at the Ogden Boulder Field Ogden Climbing Festival Registration Table (1790 Lake St. Ogden Utah 84403). Be sure to pack plenty of water and snacks for the day.
- **1-3:00 p.m.** Outdoor Field Labs Session 2.
 - Petzl Ogden Climbing Festival, lunch (1790 Lake St, Ogden, Utah).
- **4-5 p.m.** Free time
 - Relax, hang out, and get ready for the evening events at the OCF9 Redpoint Bouldering Competition. Hosted at the Front Climbing Club.
- **5-7 p.m.** OCF9 Citizens Category Qualifiers Round of the OCF9 Bouldering Comp (225 20th St Ogden, UT 84401).
 - Test your metal and register to compete in the OCF9 Citizens Comp. See OCF web page for registration details (pre-registration is required).

- **7:30-9:00 p.m.** Finals for the Pro Open Category of the OCF9 Bouldering Comp.
-Be ready for an amazing show along with food beverage, and tons of raffle prizes.
- **9:00-11:00 p.m.** ISOLS/ Ogden Climbing Festival After Party
-The after party is our way of wrapping up two amazing events.

Sunday, April 12th:

- **8:00-11:00 p.m.** Check out and departure.