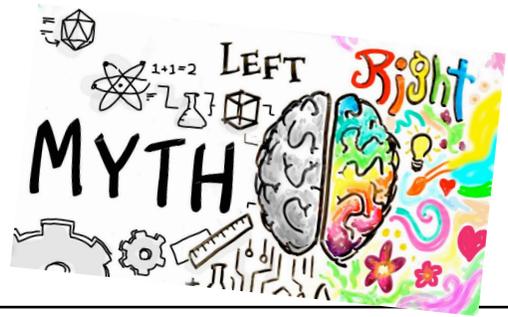


**Psychology 1010 – Online
Introduction to Psychology
Fall 2019**



Instructor: Dr. Kathryn Sperry

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Phone: (435) 797 – 5788

This is my office phone at Utah State University; I am in Logan on MWF

Office: Lindquist Hall, room 379 (this is the Psychology department)

Office hours: Tues/Thurs 3:00 – 4:00

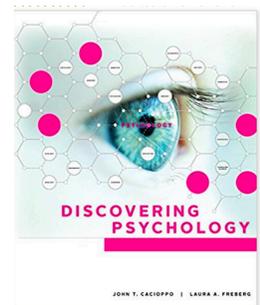
I. COURSE DESCRIPTION

Welcome to Introduction to Psychology! Psychology is the scientific study of behavior. The topics studied by psychologists vary widely, and go beyond the “pop psychology” often portrayed in the media. Some of the topics we will discuss include: coping with stress, decision-making, memory, child development, group dynamics, and psychological disorders and therapy. We will also discuss a number of applied questions: Why does advertising work? Why do suspects sometimes confess to crimes they did not commit? Why is cramming for exams counterproductive? What causes phobias? What is the impact of technology on relationships? A large focus in this course will be on the methods used by psychologists to answer these interesting questions. I hope this course will not only give you an overview of the various topics in psychology, but will also ignite an interest in the field!

II. REQUIRED TEXTBOOK

- (1) Cacioppo, J. T., & Freburg, L. A. (2018). *Discovering Psychology: The Science of Mind (3rd edition)* Belmont, CA: Cengage.

This textbook is available at the WSU bookstore and is also available on Amazon.



You do need the 3rd edition of the textbook. Older editions will make it difficult to study for quizzes and exams, as my study guides refer to specific page numbers and page ranges. Some information has also been updated in this newer edition.

III. LEARNING OBJECTIVES

Upon successfully completing this course, you will be able to...

- Describe a variety of psychological principles and theories.
- Articulate connections between psychological principles and your own life, real-world situations, and everyday behavior.
- Explain and evaluate the various research methods that psychologists use.
- Critically evaluate psychological research and distinguish between “pop psychology” portrayed in the media and *psychological science*.
- Develop a deeper understanding of your own personal biases and prejudices.

IV. COURSE REQUIREMENTS

- **Weekly chapter Quizzes (20%)**

There will be 12 online quizzes including a syllabus quiz (your lowest quiz score will be dropped so 11 quizzes count toward your grade). These quizzes are open-book and open-note, but you should plan to read the chapter first and then take the quiz. You can take the quiz up to three times and your best score will count toward your grade. Material on the quizzes will be a combination of textbook material and lecture material. Keep in mind that the lectures do not cover everything in the textbook, and some quiz questions will be directly from the textbook.

Quizzes may not be made up.

- **Signature assignment (10%)**

This course is a WSU General Education course that presents an introduction to the diverse field of psychology. The WSU General Education program introduces students to academic disciplines through the important (“big”) questions at their core. The inquiry required by these “big questions” provides students with opportunities to integrate and apply their knowledge of the discipline to address a significant personal, social, or professional issue with their intellectual tools, like problem solving or critical thinking. This WSU General Education course, Introductory Psychology (PSYCH 1010), is designed to tackle the following “Big Question”:

How does scientific psychology help us understand our experiences?

All WSU General Education courses have a Signature Assignment that requires students to integrate and apply course content to address a significant personal, social, or professional issue in some way. The Signature Assignment (SA) in this course will be a reflection journal in which you will (a) identify and discuss 3 illustrations of course concepts and (b) apply these concepts to your life or to society in a meaningful way. In this SA, you will integrate and apply content from any part of this course to analyze and illustrate issues of personal and/or social significance, written for review by an “expert in the field.” For more information, refer to the Canvas website, where you will find detailed information on the assignment and examples of past assignments.

This assignment will be submitted in three parts as **Reflection #1, **Reflection #2**, and **Reflection #3**.**

The signature assignment reflections may NOT be submitted late.

▪ **Research Requirement (5% of your grade)**

For the Research Requirement, you have two options to complete this assignment. You must earn a total of 10 Research credit. These research credits can be earned in one of two ways, described below. These are described in further detail on Canvas.

There are two options for this requirement:

1. **Option #1:** You can earn **10 Research Credits through SONA systems** by participating in psychological research conducted by students or faculty in the psychology department. This equates to about 2.5 hours of research participation.
2. **Option #2:** You will read *research articles and write a 500-word paper about each article*. Specific articles from which to choose and the questions you must answer about them are listed on the Canvas assignment guidelines. Each research article write-up is worth 4 Research credits.

These options are outlined in more detail in the assignment guidelines for the Research Requirement on Canvas. You may also mix and match these options if you are unable to meet the requirement of the full 10 credits through SONA.

▪ **Exams (65%)**

1. There are four multiple-choice exams throughout the semester.
2. Your lowest exam score will be dropped so three exams will count toward your grade. The fourth exam will take place during finals week. You may choose not to take Exam 4 and count that as your dropped exam.
3. Exams will be taken using Chi Tester, which is a computerized testing program. You may take the exams at any WSU testing center during the exam period. You will have a full week to take each exam, but a shorter period for Exam 4 (which takes place during finals week). You may also set up a proctor to take exams, if you are not able to make it to a WSU testing center. More information on setting up a proctor can be found by going to <http://wsuonline.weber.edu> and selecting TESTING INFORMATION.
4. After the exam period is over, you will be able to review the exam on Chi Tester to see which questions you missed. Go to chitester.weber.edu to review the questions you missed on each exam.

Grading Scale

A = 92.5+	C+ = 77.5 - 79.4
A - = 89.5 - 92.4	C = 72.5 - 77.4
B+ = 87.5 - 89.4	C - = 69.5 - 72.4
B = 82.5 - 87.4	D+ = 67.5 - 69.4
B - = 79.5 - 82.4	D = 59.5 - 67.4
	F = < 59.5

V. MAKE-UP EXAMS AND QUIZZES

Quizzes and exams may not be made up. If you know in advance of a conflict, you may be able to take an exam 1 day early. Please contact me as soon as possible to arrange such accommodations. Quizzes will close on Canvas and you will not be able to make up quizzes after their due date.

The signature Assignment reflection papers may *NOT* be submitted late under any circumstance!

VI. HOW THIS COURSE WORKS

Each week there will be a module where you will read a chapter in the textbook and watch a series of lectures, videos, podcasts, or read additional short articles. You should work through the module in the order that the material is listed in Canvas. Each week includes a quiz.

Every few weeks there will be an exam. Exams are taken at a WSU testing center in Chitester. **On the weeks when there is an exam, there is no material to go through.**

VII. COURSE SCHEDULE

WK	DATES	TOPIC	TEXTBOOK READING Selected pages from each chapter	DUE ON CANVAS BY 11:59 PM
1	Aug. 26 – Sept. 1	Module 1: What is Psychology? Research Methods	Ch. 1: pp 21 – 31 Ch. 2: pp 34 – 51 & 62 – 65	Syllabus Quiz (due Wed. , Aug. 28) Quiz #1 (due Sept. 1)
2	Sept. 2 – Sept. 8	Module 2: Biological Psychology	Ch. 4: Structures Pp 109 – 124	Quiz #2 (due Sept. 8)
3	Sept. 9 – Sept.15	Module 3: Biological Psychology, cont'd	Ch. 4: Neurons Pp 133 – 145	Quiz #3 (due Sept. 15)
4	Sept. 16 – Sept. 22	EXAM 1 (due Sept. 22)		
5	Sept. 23 – Sept. 29	Module 4: Memory	Chapter 9 Pp 319 – 347 & 353 – 358	Quiz #4 (due Sept. 29) Signature Assignment Reflection #1 due (Sept. 29)
6	Sept. 30 – Oct. 6	Module 5: Development	Chapter 11 Pp 425 – 444	Quiz #5 (due Oct. 6)
7	Oct. 7 – Oct. 13	Module 6: Learning	Chapter 8 Pp 282 – 311	Quiz #6 (due Oct. 13)

8	Oct. 14 – Oct. 20	EXAM 2 (due Oct. 20)		
9	Oct. 21 – Oct. 27	Module 7: Social Psychology	Chapter 13 Pp 500 – 512 Pp 517 – 527 Pp 537 – 539	Quiz #7 (due Oct. 27) Signature Assignment Reflection #2 due (Oct. 27)
10	Oct. 28 – Nov. 3	Module 8: Motivation & Emotion	Chapter 7	Quiz #8 (due Nov. 3)
11	Nov. 4 – Nov. 10	Module 9: Personality and the self	Chapter 12	Quiz #9 (due Nov. 10)
12	Nov. 11 – Nov. 17	EXAM 3 (due Nov. 17)		
13	Nov. 18 – Nov. 24 (<i>Thanksgiving week</i>)	Module 10: Psychological Disorders (<i>part 1</i>)	Chapter 14	
14	Nov. 25 – Dec. 1	Psychological Disorders (<i>part 2</i>)		Quiz #10 (due Dec. 1) Signature Assignment Reflection #3 due (Dec. 1)
15	Dec. 2 – Dec. 8	Module 11: Treatment of Mental Illness	Chapter 15	Quiz #11 (due Dec. 8) Research Requirement due (Dec. 8)
16	Dec. 9 – Dec. 12	EXAM 4 (due Dec. 12)		