I. Course Objectives
   A. To provide students with an understanding of the biological underpinnings of motivation; specifically, how physiological and brain processes influence our emotions and motivate us.
   B. To familiarize students with internal and psychological sources of motivation, including how we are motivated by intrinsic and extrinsic factors and concepts of ourselves.
   C. To provide an integrative view of research on historical concepts of motivation as well as current philosophical views of motivation.
   D. To discuss external and cognitive sources of motivation and how they influence an individual’s behavior.
   E. To provide students with an understanding of emotions and moods, and their psychological, physiological, cognitive, expressive, and behavioral effects.

II. Course Requirements
   A. Exams: Three exams will be given. Each exam will consist of multiple choice, short answer, and essay questions; exams will be worth a total of 70% of your grade; the exams will not be comprehensive. Each exam will consist of material from the text as well as classroom handouts, lectures, and assignments; makeup exams will not be given. If you know you will be missing an exam please talk to me before the date of the exam.

   B. Essays: Three essays will be given in class throughout the semester. The essays will consist of questions from class lectures and reading materials. They will be due one week from the date given. Each essay should be at least two pages in length, double-spaced but, no longer than 5 pages. Essays will be worth 15% of the total grade.

   C. Class Activities: There will be several in-class assignments. These assignments will be worth 10% of the total grade. Each assignment will be completed during class time and cannot be made-up. You will be allowed to miss one of the in-class assignments without affecting your grade.

   D. Class Attendance: Exams, activities, and discussions will only be completed during class times, thus, missing a class may lower your overall grade as certain activities, assignments and discussions cannot be made up and will only be completed in class. Class attendance will be worth 5% of your grade. Students who miss classes typically earn one letter grade lower than those who attend consistently.
III. Course Schedule

<table>
<thead>
<tr>
<th>DATE</th>
<th>EXAMS/ESSAYS</th>
<th>CHAPTER / READINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 28</td>
<td></td>
<td>Syllabus Review – Ch. 1 Introduction</td>
</tr>
<tr>
<td>Sept 4</td>
<td>ESSAY #1 GIVEN</td>
<td>Ch. 2 – History</td>
</tr>
<tr>
<td>Sept 11</td>
<td>ESSAY #1 DUE</td>
<td>Ch. 4 – Addictions</td>
</tr>
<tr>
<td>Sept 18</td>
<td></td>
<td>Ch. 5 – Homeostasis</td>
</tr>
<tr>
<td>Sept 25</td>
<td>EXAM #1</td>
<td></td>
</tr>
<tr>
<td>Oct 2</td>
<td>ESSAY #2 GIVEN</td>
<td>Ch. 7 Stress, Coping, and Health</td>
</tr>
<tr>
<td>Oct 9</td>
<td>ESSAY #2 DUE</td>
<td>Ch. 8 – Drives &amp; Needs</td>
</tr>
<tr>
<td>Oct 16</td>
<td></td>
<td>Ch. 9 – Personality &amp; Self Motivation</td>
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<tr>
<td>Oct 23</td>
<td></td>
<td>Ch. 10 – Extrinsic &amp; Intrinsic Motivation</td>
</tr>
<tr>
<td>Oct 30</td>
<td>EXAM #2</td>
<td></td>
</tr>
<tr>
<td>Nov 6</td>
<td></td>
<td>Ch. 11 - Goals</td>
</tr>
<tr>
<td>Nov 13</td>
<td>ESSAY #3 GIVEN</td>
<td>Ch. 13 – Emotions &amp; Moods</td>
</tr>
<tr>
<td>Nov 20</td>
<td>ESSAY #3 DUE</td>
<td>Ch. 14 – Emotions as Motives</td>
</tr>
<tr>
<td>Nov 27</td>
<td>NO CLASS - Happy Thanksgiving!</td>
<td></td>
</tr>
<tr>
<td>Dec 4</td>
<td>EXAM #3</td>
<td></td>
</tr>
</tbody>
</table>

IV. Grading Scale

A      = 93-100%
A-     = 90-92%
B+     = 86-89%
B      = 83-85%
B-     = 80-82%
C+     = 76-79%
C      = 73-75%
C-     = 70-72%
D+     = 66-69%
D      = 63-65%
D-     = 60-62%
E      = <60

V. Use of Electronic Media

Students may not use laptops during class, with the exception of using a laptop to take notes or to access Canvas for class materials. However, the professor reserves the right to ask the students to turn off any media during lectures, if the media interferes with the class discussions, lectures, or other presentations. If a student needs certain media due to a disability, please let the professor know at the beginning of the course and exceptions may be made.
This course requires the use of Canvas. If you do not have access to the internet please let the professor know and arrangements may be made. The professor also reserves the right to set specific class guidelines about the use of all electronic media during the class lectures. There will be no laptops, cell phones or other devices allowed during the tests.

VI. Cheating

All students are expected to abide by Weber State University’s cheating policies, codes, definitions, and sanctions. Please refer to the following website for a complete listing of infringements that constitute cheating: http://documents.weber.edu/ppm/6-22.htm

Students are also expected to refrain from any type of plagiarism, intentional or unintentional. Please see the website to review what constitutes plagiarism. Any cheating or plagiarism will result in a failing grade for the assignment and a possible failure for the course.

VII. Student Services

Any student requiring accommodations or services due to a disability must contact Services for Students with Disabilities (SSD) in room 181 of the Student Services Center. SSD can also arrange to provide course materials in alternate formats if necessary.

VIII. Students’ Rights and Responsibilities

If you have a question or concern about this class, exams, homework, or syllabus in general, please contact me. If you would like to appeal any graded work please provide a written response as to why you feel the grade is not appropriate.

Attendance is mandatory however, if you do miss a class, it is your responsibility to know the information covered, as tests are a combination of class material and the textbook. In addition, extreme tardiness or early dismissal from class may result in a loss of information that can only be learned in the class setting. It is your responsibility to know what you have missed.

This syllabus constitutes a general guideline of the course. Changes may be made to the readings and exam schedule. It is your responsibility to attend class and be aware of these possible changes. Please refer to the following web site for a complete listing of all WSU student rights and responsibilities: http://documents.weber.edu/ppm/6-22.htm

IX. Emergency Closure

If for any reason the university is forced to close for an extended period of time, we will conduct our class via e-mail and Canvas. Look for announcements in emails and on Canvas. Code Purple is a good way to be alerted to campus closures, and you are encouraged to sign up for it.

X. Core Beliefs

According to PPM 6-22 IV, students are to “[d]etermine, before the last day to drop courses without penalty, when course requirements conflict with a student's core beliefs. If there is such a conflict, the student should consider dropping the class. A student who finds this solution impracticable may request a resolution from the instructor. This policy does not oblige the instructor to grant the request, except in those cases when a denial would be arbitrary and capricious or illegal. This request must be made to the instructor in writing and the student must deliver a copy of the request to the office of the department head. The student's request must articulate the burden the requirement would place on the student's beliefs.”