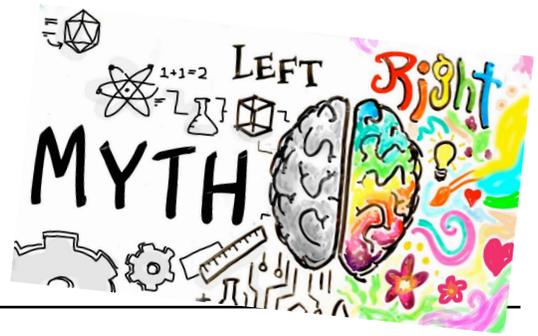


**Psychology 1010 – Online  
Introduction to Psychology  
Spring 2020**



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**Office:** TBA

**Office hours:** Tuesday 4 – 5 pm **and by appointment**

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## **I. COURSE DESCRIPTION**

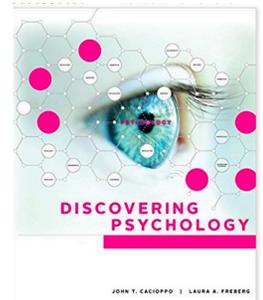
Welcome to Introduction to Psychology! Psychology is the scientific study of behavior. The topics studied by psychologists vary widely, and go beyond the “pop psychology” often portrayed in the media. Some of the topics we will discuss include: coping with stress, decision-making, memory, child development, group dynamics, and psychological disorders and therapy. We will also discuss a number of applied questions: Why does advertising work? Why do suspects sometimes confess to crimes they did not commit? Why is cramming for exams counterproductive? What causes phobias? What is the impact of technology on relationships? A large focus in this course will be on the methods used by psychologists to answer these interesting questions. I hope this course will not only give you an overview of the various topics in psychology, but will also ignite an interest in the field!

## **II. REQUIRED TEXTBOOK**

This course is enrolled in the **Day One Access program**. When you registered for this course, you were charged for the e-book. It is a “electronic course materials” fee. **There is nothing tangible to purchase at the bookstore. You will be given access to these course materials through our Canvas Site.**

You may also opt out of the online resources if you want to purchase the textbook elsewhere for a lower cost. **The bookstore will NOT have this textbook in stock.** Here is the reference for the textbook:

Cacioppo, J. T., & Freburg, L. A. (2018). *Discovering Psychology: The Science of Mind (3<sup>rd</sup> edition)* Belmont, CA: Cengage.



### III. LEARNING OBJECTIVES

Upon successfully completing this course, you will be able to...

- Describe a variety of psychological principles and theories.
- Articulate connections between psychological principles and your own life, real-world situations, and everyday behavior.
- Explain and evaluate the various research methods that psychologists use.
- Critically evaluate psychological research and distinguish between “pop psychology” portrayed in the media and *psychological science*.
- Develop a deeper understanding of your own personal biases and prejudices.

### IV. COURSE REQUIREMENTS

- **Weekly chapter Quizzes (20%)**

There will be 12 online quizzes including a syllabus quiz (**your lowest quiz score will be dropped so 11 quizzes count toward your grade**). These quizzes are open-book and open-note, but you should plan to read the chapter first and then take the quiz. You can take the quiz up to three times and your best score will count toward your grade. Material on the quizzes will be a combination of textbook material and lecture material. Keep in mind that the lectures do not cover everything in the textbook, and some quiz questions will be directly from the textbook. **Quizzes may not be made up.** Again, remember that I drop a low quiz score.

- **Signature assignment (10%)**

This course is a WSU General Education course that presents an introduction to the diverse field of psychology. The WSU General Education program introduces students to academic disciplines through the important (“big”) questions at their core. The inquiry required by these “big questions” provides students with opportunities to integrate and apply their knowledge of the discipline to address a significant personal, social, or professional issue with their intellectual tools, like problem solving or critical thinking. This WSU General Education course, Introductory Psychology (PSYCH 1010), is designed to tackle the following “Big Question”:  
***How does scientific psychology help us understand our experiences?***

All WSU General Education courses have a Signature Assignment that requires students to integrate and apply course content to address a significant personal, social, or professional issue in some way. The Signature Assignment (SA) in this course will be a reflection journal in which you will (a) identify and discuss 3 illustrations of course concepts and (b) apply these concepts to your life or to society in a meaningful way. In this SA, you will integrate and apply content from any part of this course to analyze and illustrate issues of personal and/or social significance, written for review by an “expert in the field.” For more information, refer to the Canvas website, where you will find detailed information on the assignment and examples of past assignments. **This assignment will be submitted in three parts as Reflection #1, Reflection #2, and Reflection #3.**

**The signature assignment reflections may NOT be submitted late.**

- **Research Requirement (5% of your grade)**

For the Research Requirement, you have two options to complete this assignment. You must earn a total of 10 Research credits. These research credits can be earned in one of two ways, described below. These are described in further detail on Canvas.

There are two options for this requirement:

1. **Option #1:** You can earn **10 Research Credits through SONA systems** by participating in psychological research conducted by students or faculty in the psychology department. This equates to about 2.5 hours of research participation.
2. **Option #2:** You will read *research articles and write a 500-word paper about each article*. Specific articles from which to choose and the questions you must answer about them are listed on the Canvas assignment guidelines. Each research article write-up is worth 4 Research credits. **These article reviews may not be submitted late.**

These options are outlined in more detail in the assignment guidelines for the Research Requirement on Canvas. You may also mix and match these options if you are unable to meet the requirement of the full 10 credits through SONA.

- **Exams (65%)**

1. There are four multiple-choice exams throughout the semester.
2. Your lowest exam score will be dropped so three exams will count toward your grade. The fourth exam will take place during finals week. You may choose not to take Exam 4 and count that as your dropped exam.
3. Exams will be taken in Chi Tester, which is a computerized testing program. You may take the exams at any WSU testing center during the exam period. You will have a full week to take each exam, but a shorter period for Exam 4 (which takes place during finals week). You may also set up a proctor to take exams, if you are not able to make it to a WSU testing center. More information on setting up a proctor can be found by going to <https://continue.weber.edu/wsionline/> and selecting TESTING INFORMATION.
4. After the exam period is over, you will be able to review the exam on Chi Tester to see which questions you missed. Go to [chitester.weber.edu](http://chitester.weber.edu) to review the questions you missed on each exam.

**\*\*Please be sure to check the hours for testing centers. If an exam is scheduled near a major break or holiday (such as spring break), the hours of operation of testing centers may be different than normal. Please be sure to plan accordingly!**

## Grading Scale

A = 92.5+	C+ = 77.5 - 79.4
A - = 89.5 - 92.4	C = 72.5 - 77.4
B+ = 87.5 - 89.4	C - = 69.5 - 72.4
B = 82.5 - 87.4	D+ = 67.5 - 69.4
B - = 79.5 - 82.4	D = 59.5 - 67.4
	F = < 59.5

## V. MAKE-UP EXAMS AND QUIZZES

*Quizzes and exams may not be made up.* If you know in advance of a conflict, you may be able to take an exam early. Please contact me as soon as possible to arrange such accommodations. Quizzes will close on Canvas and you will not be able to make up quizzes after their due date.

*The signature Assignment reflection papers and the Research Requirement (option #2) may **NOT** be submitted late under any circumstance!*

## VI. HOW THIS COURSE WORKS

Each week there will be a module where you will read a chapter in the textbook and watch a series of lectures, videos, podcasts, or read additional short articles. You should work through the module in the order that the material is listed in Canvas. Each week includes a quiz.

Every few weeks there will be an exam. Exams are taken at a WSU testing center in ChiTester. **On the weeks when there is an exam, there is no material to go through.**

## VII. COURSE SCHEDULE

WK	DATES	TOPIC	TEXTBOOK READING Selected pages in the textbook	DUE ON CANVAS BY 11:59 PM
1	Jan 6 – Jan 12	<b>Module 1:</b> What is Psychology? Research Methods	<b>Ch. 1: Intro to Psychological Science</b> <b>pp 21 – 27 &amp; 27 – 29</b>  <b>Ch. 2: Research Methods</b> <b>pp 34 – 51 &amp; 62 – 65</b>	Syllabus Quiz (due <b>Wed., Jan 8</b> )  Quiz #1 (due <b>Jan 12</b> )
2	Jan 13 – Jan 19	<b>Module 2:</b> Biological Psychology	<b>Ch. 4 (part 1): Structures</b> <b>pp 109 – 126</b>	Quiz #2 (due <b>Jan 19</b> )
3	Jan 20 - Jan 26	<b>Module 3:</b> Biological Psychology, cont'd	<b>Ch. 4 (part 2): Neurons</b> <b>pp 133 - 154</b>	Quiz #3 (due <b>Jan 26</b> )
4	<b>Jan 27 – Feb 2</b>	<b>EXAM 1 (due Feb 2)</b>		
5	Feb 3 – Feb 9	<b>Module 4:</b> Memory	<b>Chapter 9</b> <b>pp 319 – 347 &amp; 353 – 358</b>	Quiz #4 (due <b>Feb 9</b> ) <b>Signature Assignment Reflection #1 due (Feb 9)</b>
6	Feb 10 – Feb 16	<b>Module 5:</b> Development	<b>Chapter 11</b> <b>pp 425 - 444</b>	Quiz #5 (due <b>Feb 16</b> )
7	Feb 17 – Feb 23	<b>Module 6:</b> Learning	<b>Chapter 8</b> <b>pp 278 – 311</b>	Quiz #6 (due <b>Feb 23</b> )
8	<b>Feb 24 – Mar 1</b>	<b>EXAM 2 (due Mar 1)</b>		
9	Mar 2 – Mar 8	<b>Spring Break!!</b>		

10	Mar 9 – Mar 15	<b>Module 7:</b> Social Psychology	<b>Chapter 13</b> pp 499 – 512 pp 517 – 527 pp 537 - 539	Quiz #7 (due Mar 15) <b>Signature Assignment Reflection #2 due (Mar 15)</b>
11	Mar 16 – Mar 22	<b>Module 8:</b> Motivation & Emotion	<b>Chapter 7</b> pp 231 – 245 pp 252 – 274	Quiz #8 (due Mar 22)
12	Mar 23 – Mar 29	<b>Module 9:</b> Personality and the self	<b>Chapter 12</b> <i>Entire chapter</i>	Quiz #9 (due Mar 29)
13	<b>Mar 30 – April 5</b>	<b>EXAM 3 (due April 5)</b>		
14	April 6 – April 12	<b>Module 10:</b> Psychological Disorders	<b>Chapter 14</b> <i>Entire chapter</i>	Quiz #10 (due April 12) <b>Signature Assignment Reflection #3 due (April 12)</b>
15	April 13 – April 19	<b>Module 11:</b> Treatment	<b>Chapter 15</b> <i>Entire chapter</i>	Quiz #11 (due April 19) <i>Research Requirement due (April 19)</i>
16	<b>Final exams</b> <b>April 21 – April 23</b>	<b>EXAM 4 (due April 23)</b>		