

PSY 1010: Introduction to Psychology, Fall 2018

Course Description

This course is designed to help you gain a broad understanding of the science of psychology. We will examine many topics during the semester, including social psychology, research, the biology of mind, consciousness, lifespan development, learning, memory, cognition, personality, psychological disorders, and treatment.

Course Objectives

Through lectures, classroom demonstrations, exercises, assignments, examinations, class discussions, videos, outside readings, and individual research the following objectives will be met:

- Provide you with a working knowledge of psychological theories and important terms
- Familiarize you with research, both historical and current, in these areas
- Introduce you to significant psychological researchers
- Increase your awareness of the ways psychological theories impact your everyday life and the potential of psychology to solve some of the world's most vexing problems
- Help you develop your scientific literacy, critical thinking, problem solving, and writing skills

Course instructor: Kristin Whitlock

Contact information: Use the Canvas inbox (allow 24-48 h for a response; expect delays on weekends/holidays).

Course location: WSU Davis Campus, Bldg. 2, room 103

Class meetings: Tuesdays, 5:30-8:10 pm

Office hours: By appointment (email through Canvas)

Required materials:

1. *Psychology in Everyday Life*, 4th Ed.; David G. Myers (ISBN# 978-1-319-01373-8)
2. Computer/internet access for Canvas/printing capability

General Course Requirements

You are required to attend and actively participate in all class meetings, and to complete all assigned readings before coming to each class. Because this is a very fast-moving course with a lot of interesting material to cover, **1–2 hours of study per day outside of class time is suggested**. Read the syllabus carefully and discuss any questions with me. Adjustments may be made to the class schedule during the semester; however, exam dates will not change. Adjustments will be posted on Canvas. By continuing in the course after reading the syllabus, you are indicating that you accept the terms of the syllabus.

Grading

Grades will be based on the following assessments. Extra credit will be offered, refer to page 3.

Evaluation method	# of points possible
Canvas review quizzes	140
Assignments	260
Unit exams	600
TOTAL	1000

Exams

There will be 5 non-cumulative exams, each composed of 50 multiple choice questions and worth 150 points, given on the dates listed in the schedule. You will take each exam at a WSU testing center using ChiTester. You will have 3 days to complete each exam.

It is *your responsibility* to make your own testing center appointments, and picture ID will be required for each exam. *You are responsible* for knowing testing center hours and policy. For more information go to:

<http://www.weber.edu/testingcenter>

No make-up exams will be given for any reason; however, the lowest of your 5 scores will be dropped. Exam questions will be formulated based on the assigned readings, lectures, handouts, labs, videos, articles, class discussions/demonstrations/assignments, and other materials distributed in class or posted on Canvas. A study guide for each exam will be posted on Canvas.

Assignments

Due dates are listed in the syllabus; assignments must be submitted through Canvas by midnight. All files will be posted on Canvas. Each assignment is worth 20 points. **No late work** will be accepted including that due to technical or printing problems, trouble with Canvas, and/or your internet connection. I would recommend submitting assignments prior to the due date. There will be 15 assignments during the semester, 13 of which will count towards your grade (your two lowest scores will be automatically dropped in Canvas).

Review quizzes

Weekly review quizzes will be administered through Canvas. Each quiz will open after class and close on Sunday at midnight. Each quiz will have 10 questions. You will be allowed unlimited attempts on each quiz. Your highest score will be recorded in the gradebook. There will be 15 review quizzes during the semester, 14 of which will count towards your grade (your lowest scores will be automatically dropped in Canvas).

Grading scale (grades are not rounded):

Percentage	Grade
93-100%	A
90-92%	A-
86-89%	B+
83-85%	B
80-82%	B-
76-79%	C+
73-75%	C
70-72%	C-
66-69%	D+
63-65%	D
60-62%	D-
59% and below	E

Classroom Policies and WSU Student Information

- 1) **Come to class prepared** by keeping up on your reading! **Complete all** assignments and exams on time! Read the syllabus carefully for due dates. **Check Canvas often** for announcements. **See me** if you have questions about content or need extra help! **Don't wait** until the end of the semester if you have a question about your grade. I can't help you then!

- 2) **Focus** on learning Psych during class! Multi-tasking is a MYTH! Research demonstrates that multitasking reduces your creativity, concentration, memory and WASTES your time. Check out this TED talk by Dr. Cliff Nass, Stanford University: <https://stanfordconnects.stanford.edu/watch/how-multitasking-affecting-way-you-think>

Researchers have also found that the more you use your cell phone the LOWER your G.P.A. and HIGHER your anxiety levels! Check out the research at:

<https://www.sciencedaily.com/releases/2013/12/131206124425.htm>

Checking your phones in lecture can cost you HALF A GRADE on exams! Read about it here:

<https://phys.org/news/2018-07-students-grade-exams.html>

So, DO YOURSELF A FAVOR, please **keep cells phones put away** during class (not on your desk, in your hand, or lap).

EXTRA CREDIT:

To encourage you to go phone free, I will award **2 points extra credit** for each class that you go without your phone in class (14 class meetings, 28 points possible). This is VOLUNTARY, so you may keep your phone for personal reasons. As you come to class, you will need to *leave your phone on the front table & sign* next to your preprinted name on the class roll. During break you may use your phone, but it must return to the front table when we resume class. This is the **ONLY extra credit** that will be offered.

- 3) Use your **laptop** computers **only for purposes related to the class**. Better yet, you will remember MORE from class if you HANDWRITE your notes! Check out the research at: <https://www.scientificamerican.com/article/a-learning-secret-don-t-take-notes-with-a-laptop/>
- 4) Any student **requiring accommodations** or services due to a disability must contact Services for Students with Disabilities (SSD). Before accommodations can be made, WSU must document all disabilities. Please start the process early. Go to <http://weber.edu/SSD> for more information about how to contact SSD. SSD can also arrange to provide course materials (including this syllabus) in alternative formats.
- 5) **Student athletes** who will miss class due to team travel must make arrangements with the instructor through Canvas at least 10 days prior to the date of travel. Written notification from WSU regarding team travel is required before any accommodations will be considered.
- 6) Students with a **course conflict due to a University-sponsored** event or another WSU course must contact the instructor through the Canvas inbox at least 10 days prior to the date of the conflict to request accommodations; otherwise, no accommodations will be considered. Written documentation from University staff/faculty will be required before any accommodations will be considered.
- 7) **Act with integrity**. Complete academic honesty is expected in this course. Cheating on written assignments or exams, or plagiarism on written assignments, will result in a failing grade and may result in further action according to University policy (WSU Student Honor Code: http://www.weber.edu/ppm/Policies/6-22_StudentCode.html).
- 8) If for any reason **the university is forced to close** for an extended period, look for announcements on Canvas. Code Purple is a good way to be alerted to campus closures, and you are encouraged to sign up. For more information and to sign up, go to: <http://www.weber.edu/codepurple>

9) Central to WSU’s mission is the need to **embrace and value the diversity** of its members. Every individual has the right to feel safe to express ideas that differ from others. However, all persons must accept the responsibility to demonstrate civility and respect for others. Therefore, expressions or actions that disparage an individual's or group's ethnicity, gender, religion, sexual orientation, marital status, age or disability are contrary to the mission of WSU and *are not acceptable*.

10) For help with Canvas, contact **WSU Online Technical Support** at 801-626-6499.

Anticipated Weekly Schedule

Week	Date	Topic	Textbook Chapter	Assignment	Assignment & Quiz due date
1	8/28	Introduction & perspectives	1 pp. 1 - 12	Use Psych to Learn Psych 20 pts	9/2/18
2	9/4	Social Psych	11	Breaking a social norm 20 pts	9/9/18
3	9/11	Research methods	1 pp. 12-17	Research methods 20 pts	9/16/18
4	9/18	Research methods	1 pp. 18-27	Experimentation 20 pts	9/23/18
		EXAM 1: 9/19, 9/20, 9/21			
5	9/25	Biology of Mind: Neural & hormonal systems	2 pp. 29-38	Reaction time lab 20 pts	9/30/18
6	10/2	Biology of Mind: The brain	2 pp. 38-50	TED talk: My stroke of insight 20 pts	10/7/18
7	10/9	Consciousness	2 pp. 50-62	TED talk: Why do we sleep? 20 pts	10/14/18
		EXAM 2: 10/10, 10/11, 10/12			
8	10/16	Learning	6	Conditioning at Mickey D’s 20 pts	10/21/18
		FALL BREAK 10/19			
9	10/23	Memory	7	Memory lab 20 pts	10/28/18
		EXAM 3: 10/24, 10/25, 10/26			
10	10/30	Development: prenatal, infancy, childhood	3 pp. 67-88	Piaget meets Santa 20 pts	11/4/18
11	11/6	Development: adolescence, adulthood	3 pp. 88-101	Aging Simulation 20 pts	11/11/18
12	11/13	Sex, Gender, & Sexuality	4	Cultural influences on gender role	11/18/18

				20 pts	
		EXAM 4: 11/14, 11/15, 11/16			
13	11/20	Personality	12	Character strengths 20 pts	11/25/18
		Thanksgiving break 11/22-23			
14	11/27	Psychological disorders	13	Article: <i>Who's crazy here anyway?</i> 20 pts	12/2/18
15	12/4	Therapy	14	Diagnosis 20 pts	12/9/18
		EXAM 5: 12/10, 12/11, 12/12			